

**SSR Memorial Trust's  
SSR College of Arts, Commerce & Science**

**Report on Celebration of  
National Constitution Day : 26 November 2022**

Organized  
By  
Department of Political Science  
In collaboration of IQAC and IIC

**Report**

**Date: 26 November 2022,**

**Beneficiaries: All Students of the college**

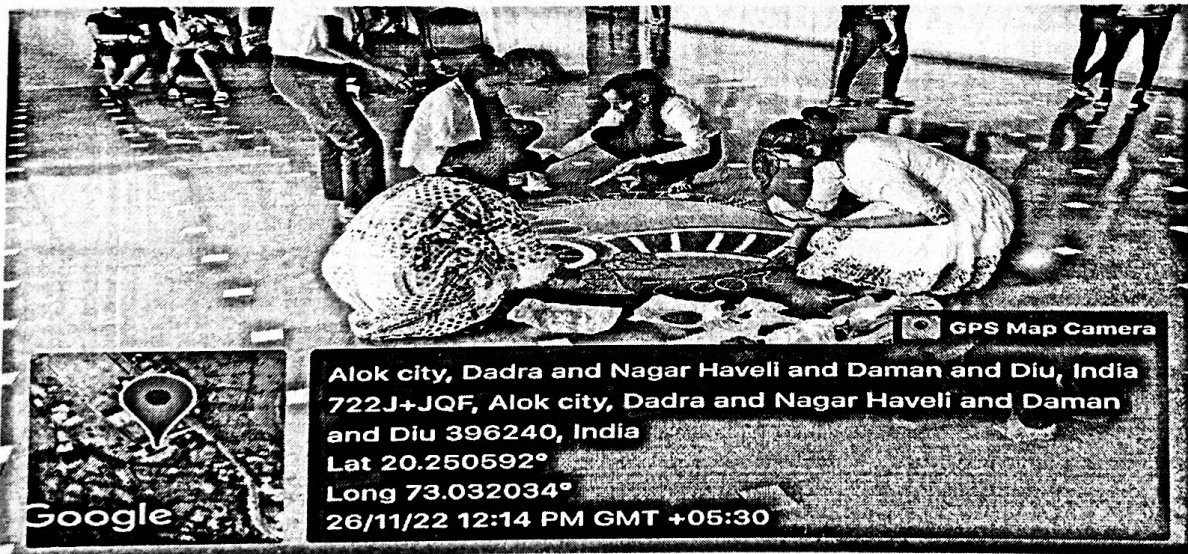
The existence and successful survival of Democracy in such diverse condition is the most celebrated fact about our country and constitution is its backbone. The Indian constitution was adopted on November 26, 1949. To reinforce the significance and importance of the constitution the Government of India Declared 26th November as Constitution Day on 19 November 2015 by a gazette notification.

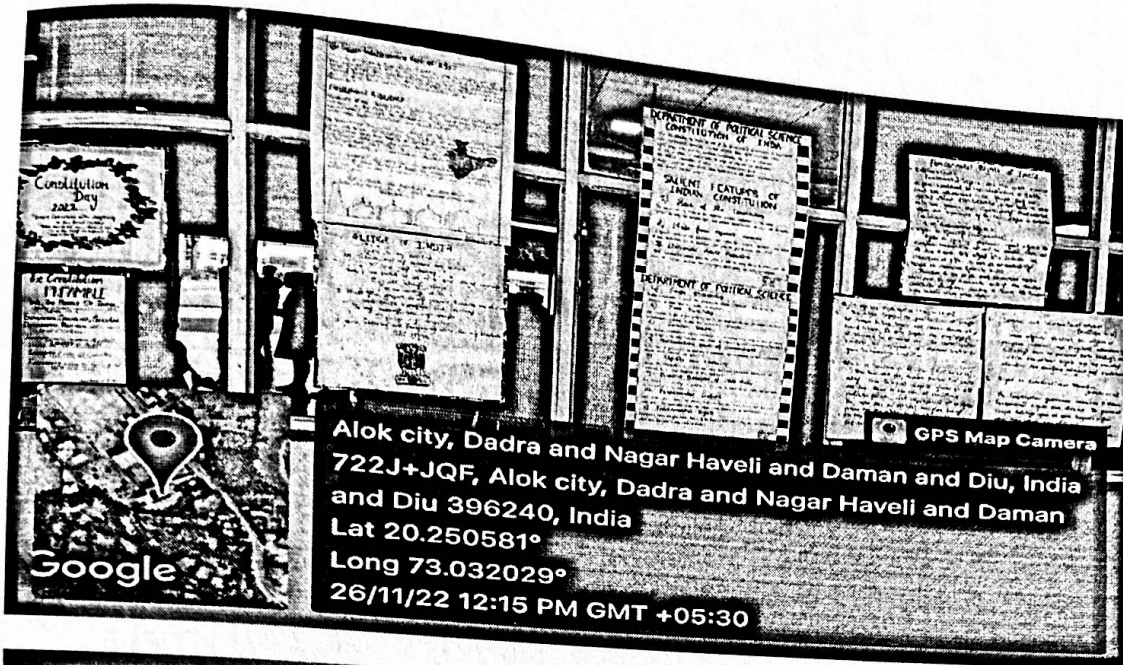
The occasion of “National Constitution day” was celebrated by the Department of Political science of SSR College of Arts, Commerce and Science in collaboration of IQAC and IIC on 26 November 2022.

In this programme, the story of the formation of the constitution was told and the pledge ceremony was conducted. Principal, Dr. Rajeev Singh, motivated students to be the worthy and responsible citizen and respect the constitution of India.

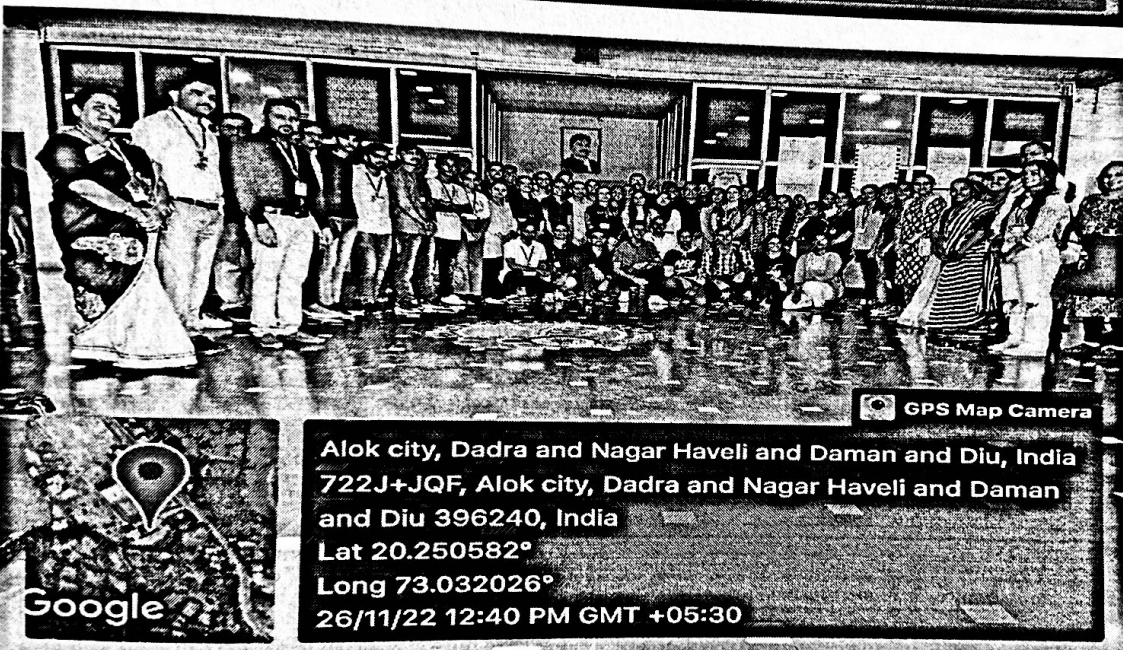


Later, a Lecture was delivered on salient features of the constitution by Dr. Alpana Sharma (Subject Expert). Students of FYBA presented their views on Preamble, Fundamental Rights, Directive Principles of the State Policy and Fundamental Duties. Students were encouraged to find out details of our constitution via poster presentation and class seminar. It was a knowledgeable and exciting day.





Alok city, Dadra and Nagar Haveli and Daman and Diu, India  
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 and Diu 396240, India  
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 Long 73.032029°  
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Alok city, Dadra and Nagar Haveli and Daman and Diu, India  
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 and Diu 396240, India  
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*Alpana*  
 5/12/2022

Dr. Alpana Sharma  
 Dept. of Political Science



*Rajeev Singh*  
 Dr. Rajeev Singh  
 Principal

Principal  
 S.S.R. College of  
 Arts, Commerce & Science  
 Silvassa (D&NH)

Copy to:

- Department File
- IQAC Cell
- IIC

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

Affiliated to Savitribai Phule Pune University, Pune

## 1. INTRODUCTION TO SSR COLLEGE OF ACS, SILVASSA CULTURAL COMMITTEE

### CULTURAL COMMITTEE REPORT FOR

### THE ACADEMIC YEAR 2022-23

The Cultural Committee of SSR College of Arts Commerce and Science, Silvassa is pleased to present the report for the academic year 2022-23. Throughout the year, the committee endeavored to organize a wide range of events and activities aimed at fostering creativity, talent, and cultural exchange among the student. During 2022-23, the committee planned numerous events in a series. The reports of each of these occurrences are shown here:-

#### **Members Details:**

In the Academic Year 2022-23, the Cultural Committee was newly formed. The Committee was headed by Mr Nilesh Baviskar (Cultural Coordinator), and it consisted of the following Members, Ms. Sonali Kharade (Co- coordinator), Ms. Virali Patel, Mrs. Varsha Rajput, Ms Sunanda Kangane, Ms Jinil Jacob, Mr Sachin Pawar, Dr Stuti Bhrigu, Mr Vaibhav Jadhav, Mr Pravin Patil, Ms. Rekha Bhuria, Ms. Nalini Patel.

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

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## LIBERATION DAY

Date: 3 August, 2022

Liberation Day commemorates the date that Dadra and Nagar Haveli were freed from Portuguese rule. The capital of Dadra and Nagar Haveli is Silvassa.

Those connected to the liberation movement relocated to Silvassa on August 2, 1954. Dadra and Nagar Haveli were proclaimed free on this day because the Portuguese Administrator and his group of police and administrative employees left. Liberation Day commemorates the freedom efforts of Dadra and Nagar Haveli's freedom fighters, which is one of the most important events in the region's history.

Among the most well-known leaders of the freedom movement, Swargiy Sanjibhai Roopajibhai Delkar made a crucial contribution to the liberation efforts of Dadra and Nagar Haveli.

### **Liberation Day Celebration:**

On August 2, 2022, SSR College of Arts, Commerce, and Science fervently observed LIBERATION DAY. The SSR College of Arts, Commerce, and Science campus served as the program's organizing location. At 8:30 a.m., the program began with the hoisting of the flag by the chief guest, Mr. Abhinav M. Delkar, vice chairman of the SSR Memorial Trust, along with other SSR colleges. Staff members then joined in for the National Anthem.

The program's goal was to honor the local freedom fighters of Dadra and Nagar Haveli and their fights for freedom.

**Glimpses of DNH Liberation Day:**



*[Handwritten Signature]*  
**Cultural In-charge**

*[Handwritten Signature]*  
**Vice-Principal**

*[Handwritten Signature]*  
**Principal**

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

Affiliated to Savitribai Phule Pune University, Pune

## 76<sup>th</sup> INDEPENDENCE DAY CELEBRATION

Date: 16<sup>th</sup> August, 2022

### **Introduction:**

On the 15th of August, 2022, SSR College of Arts Commerce and Science, Silvassa commemorated the 76th Independence Day with fervor and enthusiasm. The celebration was a testament to the college's commitment to instilling patriotism and fostering a sense of national pride among its students. Through a series of events and activities, the occasion served as a platform for students to reflect on the significance of freedom and the role of youth in shaping the future of the nation.

### **Flag Hoisting Ceremony:**

The day commenced with the traditional flag hoisting ceremony, symbolizing the college's reverence for the national flag and its values. The event was graced by the presence of faculty members, administrative staff, and students, who gathered in the college courtyard with a sense of reverence and patriotism. The flag was unfurled amidst the singing of the national anthem, evoking a sense of pride and unity among the attendees. A speech was delivered by Principal Dr. Rajeev Singh SSR College of Arts Commerce and Science, focusing on various aspects of independence, democracy, and nation-building. Sir emphasized the need for active civic engagement, responsible citizenship, and the importance of upholding the values enshrined in the Constitution.

The 76th Independence Day celebration at SSR Campus was a memorable and enriching experience that reaffirmed the college's dedication to nurturing responsible citizens and future leaders. As the college continues to uphold the values of patriotism, unity, and service, it remains committed to empowering students to become catalysts for positive change in society.

Glimpses of 76<sup>th</sup> independence day celebration:



*Vandana*

Cultural In-charge

*Aparna*

Vice-Principal

*Sujin*

Principal



# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

Affiliated to Savitribai Phule Pune University, Pune

## FRESHERS PARTY REPORT

Date: 19<sup>th</sup> November, 2022

The much-anticipated Fresher's Party was held on **18th November 2022**, marking an unforgettable night for all the newcomers. The event aimed to provide an opportunity for the new students to socialize, make new friends, and build lasting memories as they embark on their academic journey.

### Venue:

The venue for the Freshers Party was **Basket Ball Court**, a spacious and beautifully decorated stage within the college premises. The organizing committee put in tremendous effort to make it a successful event.

### Program Highlights:

The event commenced with a warm welcome speech by the college Principal Dr Rajiv Singh, encouraging the Freshers to embrace the college life and explore the various opportunities that await them.

To showcase the diverse talents of the students, the evening featured a series of cultural performances. Singing, dancing, and musical acts filled the atmosphere with enthusiasm and excitement. Students of Second year **BA, B.Sc, BCS, BCA and M.Sc** actively participated in the Cultural Performances to entertain and inspire to the first year students.

The program started at 3.30 PM and as the evening progressed, the DJ took over the stage, setting the dance floor on fire. Students let loose and danced their hearts out, forging new friendships and celebrating their unity as a class.

Delicious snacks, drinks, and refreshments were served throughout the event, ensuring everyone stayed energized and fueled for the festivities.

One of the highlights of the evening was the "Mr. and Miss Fresher" contest, where students participated enthusiastically to showcase their confidence, talent, and charisma. **The winners Mr. Sumit (FYBCA) and Miss Khushi (FYBA)** were crowned amidst thunderous applause from their peers.

The Freshers Party of 18th November 2022 was an overwhelming success. It provided an excellent platform for the new students to get acquainted with their peers, faculty, and the overall college environment. The event not only celebrated diversity but also promoted a sense of unity and camaraderie among the freshers. The memories created on this special night will undoubtedly remain cherished throughout their college life.

**Glimpses of Freshers Party:**



  
Cultural In-charge

  
Vice-Principal

  
Principal

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

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## NAVARATRI GARBA CELEBRATION REPORT

Date: 1<sup>st</sup> October, 2022

The vibrant and culturally rich festival of Navaratri was celebrated with great zeal and enthusiasm at **SSR COLLEGE CAMPUS on 30<sup>th</sup> September 2022**. As part of the festivities, a grand Garba celebration took place on one of the evenings of Navaratri. The event aimed to bring together all the students and staffs to revel in the spirit of the traditional folk dance and celebrate the triumph of good over evil.

### Venue:

The Garba celebration was held at the **Basket Ball Court**, a spacious open area decorated with colorful lights and traditional adornments. The organizers meticulously planned the setup to create a festive ambiance, infusing the space with the essence of Gujarat's rich heritage.

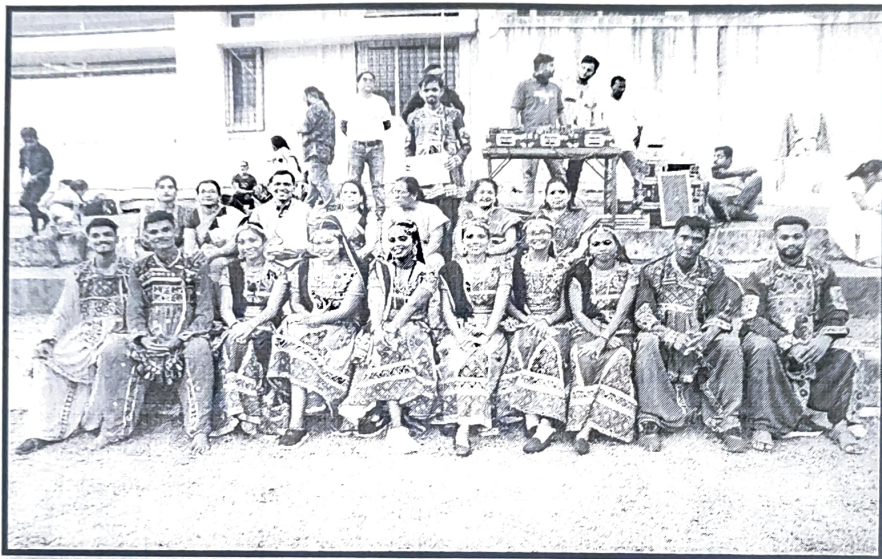
### Event Highlights:

- 1. Traditional Attire:** The attendees donned their vibrant traditional attire, with many choosing to wear colorful Ghagra-Choli and Kurta-Pyjama, enhancing the visual appeal of the gathering.
- 2. Garba and Dandiya Raas:** The evening commenced with a beautiful rendition of the Aarti, followed by Garba and Dandiya Raas dance performances. The infectious beats of the Dhol and melodious tunes of Gujarati folk songs filled the air, and everyone, regardless of their age, joined in the festivities.
- 3. Dance Performances:** Alongside the community members, talented student groups also performed captivating Garba and Dandiya routines, showcasing their skills and adding an extra layer of excitement to the event.
- 4. Inclusive Spirit:** The celebration brought people from various cultural backgrounds together, fostering a sense of inclusivity and harmony. Participants from different states joined in the dance, celebrating the diversity of the student body and promoting cultural exchange.
- 5. Best Garba and Dandiya Couple Contest:** A friendly competition was organized to encourage active participation. The "Best Garba and Dandiya Couple" contest added an element of excitement, as participants showcased their dance prowess,


garnering cheers and applause from the audience. Mr. Vishal Langaliya and Mrs Sonali Kharade were awarded prizes for Garba Costume.

The Garba celebration on the eve of Navaratri was a resounding success. It united people through the joy of dance and music, leaving a lasting impact on everyone present. The event not only upheld the cultural heritage of Gujarat but also promoted a sense of unity and camaraderie among the participants. It showcased the true essence of Navaratri, as attendees came together to celebrate traditions, create unforgettable memories, and cherish the spirit of togetherness.

**Glimpses of Navaratri Garba Celebration:**



  
Cultural In-charge

  
Vice-Principal

  
Principal

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

Affiliated to Savitribai Phule Pune University, Pune

## Republic Day

Date: 27<sup>th</sup> January, 2023

### **Introduction:**

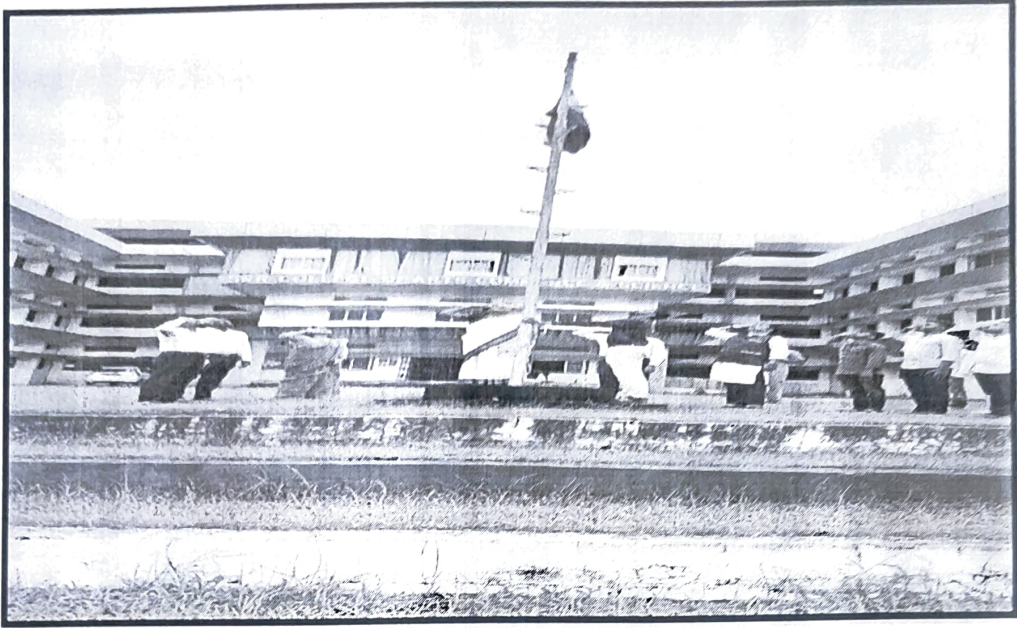
On the 26th of January, 2023, SSR College of Arts Commerce and Science, Silvassa hosted a spectacular Republic Day celebration, commemorating the adoption of the Constitution of India. The event served as a platform to instill a sense of national pride, patriotism, and unity among the college community.

### **Flag Hoisting Ceremony:**

The festivities commenced with the ceremonial hoisting of the national flag, a poignant symbol of India's sovereignty and unity. Faculty members, administrative staff, and students gathered in the college grounds with reverence and enthusiasm. The flag was unfurled amidst the rendition of the national anthem, evoking a sense of pride and solidarity among the attendees. Principal Dr Rajeev Singh, SSR College of Arts Commerce and Science delivered insightful speech on the significance of Republic Day and the values of democracy, equality, and justice. Sir, also emphasized the importance of upholding the principles enshrined in the Constitution and urged students to actively participate in the democratic process.

The Republic Day celebration at SSR College of Arts Commerce and Science was a resounding success, encapsulating the essence of democracy, unity, and patriotism. As the college continues to uphold the values of the Constitution, it remains steadfast in its mission to empower students to become conscientious leaders and active contributors to the progress and prosperity of the nation.

Glimpses of Republic Day 2023:



  
Cultural In-charge

  
Vice- Principal

  
Principal

# SSR COLLEGE OF ARTS COMMERCE AND SCIENCE, SILVASSA

Affiliated to Savitribai Phule Pune University, Pune

## CULTURAL DAYS CELEBRATION REPORT

**Date: 6<sup>th</sup> April, 2023**

The Cultural Days Celebration at SSR ACS was a week-long extravaganza filled with creativity, diversity, and excitement. The event aimed to provide a platform for students to showcase their cultural diversity and artistic talents. Each day was dedicated to a unique theme, fostering inclusivity and encouraging students to express themselves through various cultural aspects.

### **Day 1: Group Day**

**Date: 31<sup>st</sup> March, 2023**

On Group Day, the campus came alive with a burst of colors and lively performances. Students formed groups based on their interests, culture, or friendship circles. Each group presented captivating performances, including dance routines, skits, and musical performances. The event showcased the unity and camaraderie among students, emphasizing the importance of collaboration and teamwork.

### **Day 2: Bollywood/Western/Retro Day**

**Date: 1<sup>st</sup> April, 2023**

The second day saw a fusion of Bollywood, Western, and Retro themes, where students had the freedom to dress up as their favorite movie characters, rock stars, or iconic personalities from the past. The campus transformed into a spectacle of various eras, with students showcasing their fashionable side and engaging in dance-offs, singing competitions, and talent showcases that spanned different musical genres.

### **Day 3: Traditional Day**

**Date: 3<sup>rd</sup> April, 2023**

On Traditional Day, the campus resonated with cultural pride and heritage. Students dressed in traditional attire from their respective regions, representing the diverse cultural fabric of the college community. Traditional dances, music, and folk performances added to the festive atmosphere, celebrating the rich tapestry of traditions present among the students.

## **Day 4: Halloween/Mythological/Cosmic Character Day**

**Date: 5<sup>th</sup> April, 2023**

Day four brought a fascinating blend of Halloween weirdness, mythical charm, and cosmic wonders. Students were encouraged to dress as their favorite mythological or celestial characters or get creative with their Halloween costumes. The campus transformed into a vibrant and magical realm, with exciting competitions, interactive games, and storytelling sessions centered around mythological tales and cosmic adventures.

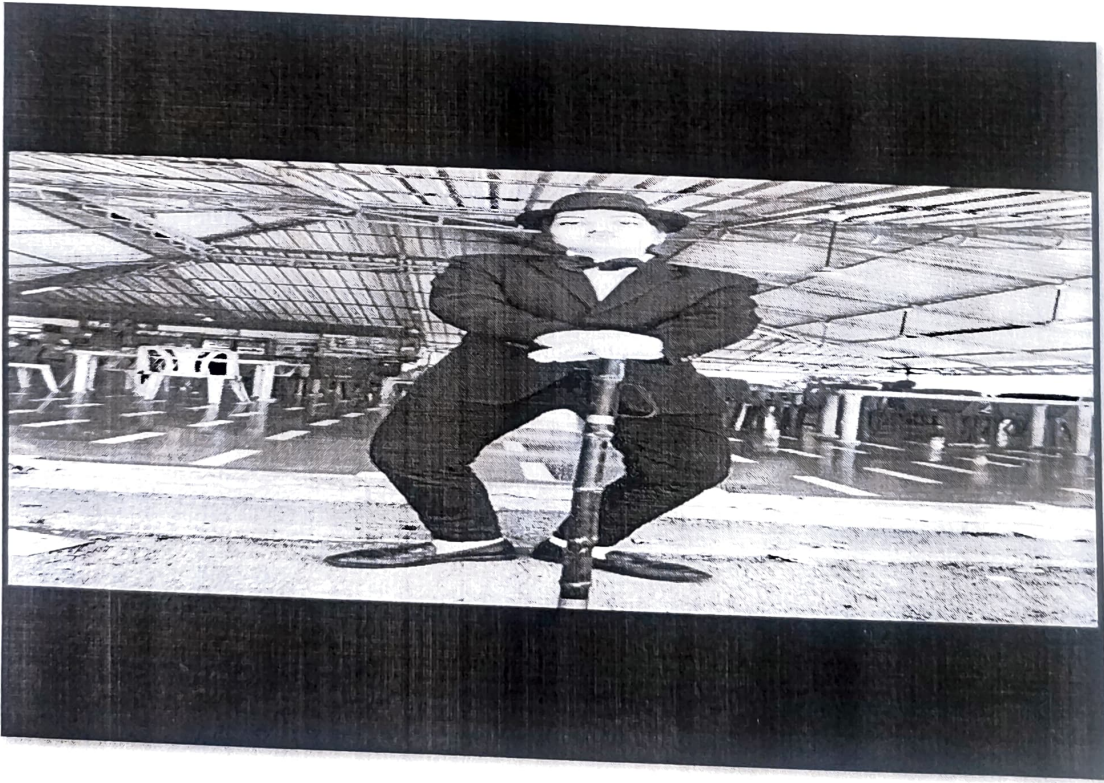
The Cultural Days Celebration was a grand success, leaving a lasting impression on the entire campus community. The week-long event not only provided a platform for students to express their cultural identity and artistic talents but also fostered a sense of inclusivity and togetherness. Through music, dance, art, and storytelling, the celebration showcased the diverse cultural heritage of the college, promoting mutual respect and understanding among the students.

The event's success was made possible by the dedication and hard work of the organizing committee, student volunteers, and faculty support. The Cultural Days Celebration will be remembered as a vibrant and memorable experience that enriched the cultural fabric of SSRIANS strengthened the bond among its students.

### **Glimpses of Cultural Day:**







*Kaish*  
Cultural In-charge

*Aipars*  
Vice-Principal

*Aguilari*  
Principal

**SSR Memorial Trust's  
SSR College of Arts, Commerce & Science**

**Report on Poster Competition**

**International Human Rights Day : 10 December 2022**

**Organized**

**By**

**Department of Political Science**

**In collaboration of IQAC and IIC**

**Report**

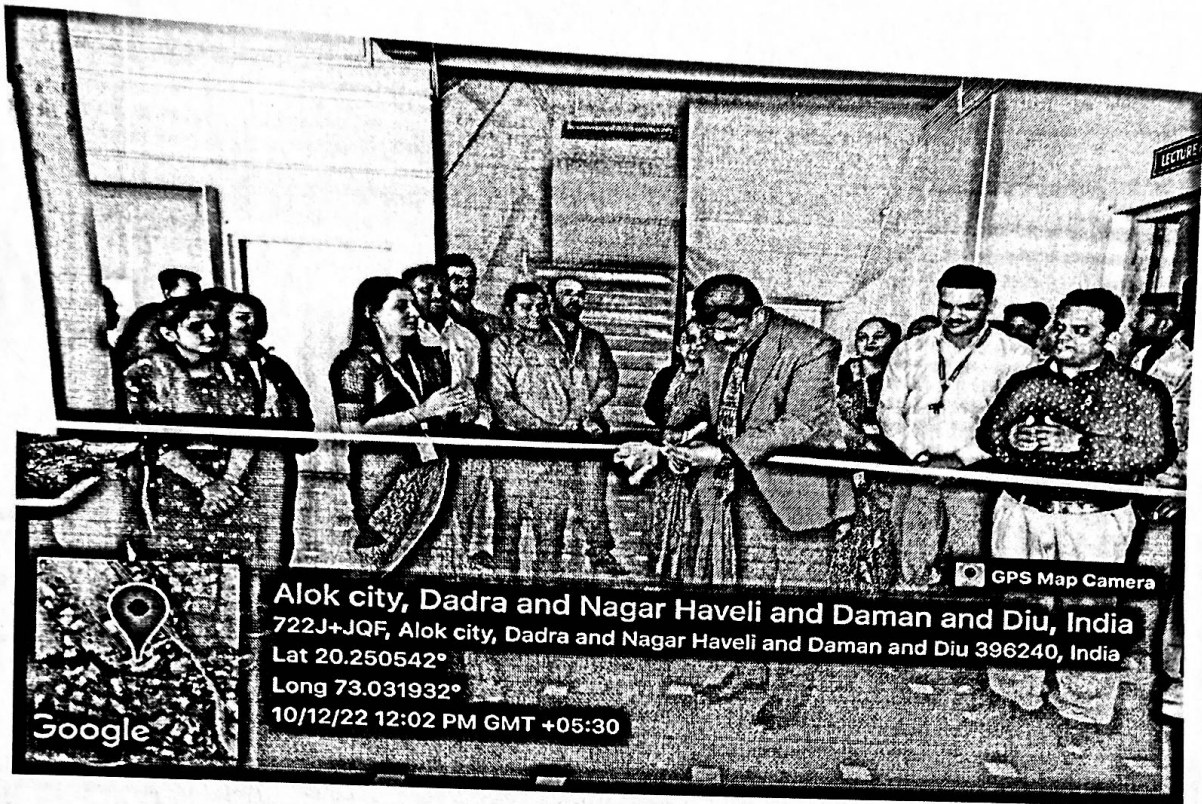
**Date: 10 December 2022**

**Beneficiaries: 48**

The occasion of “**International Human Rights Day**” was celebrated on 10 December 2022 by the Department of Political Science, SSR College of Arts, and Commerce & Science in association with IQAC and IIC.

On this day a poster competition was organized at the college level. In which 48 students from different faculties participated. The inauguration ceremony was inaugurated by Principal Dr. Rajeev Singh by cutting the ribbon. In this competition, students displayed their talent through poster. The concept of human rights, its importance and challenges have been depicted very well.

Students enlightened their classmates through thought provoking posters on human rights. Teachers told the students that this day is celebrated to create awareness about human rights. Apart from this, Human Rights Day is celebrated to raise awareness about the social, cultural and material rights of the people and to ensure the welfare of all. The Principal of the college remarked that the day is celebrated to empower the nations to curb inequality; Abuse and discrimination.



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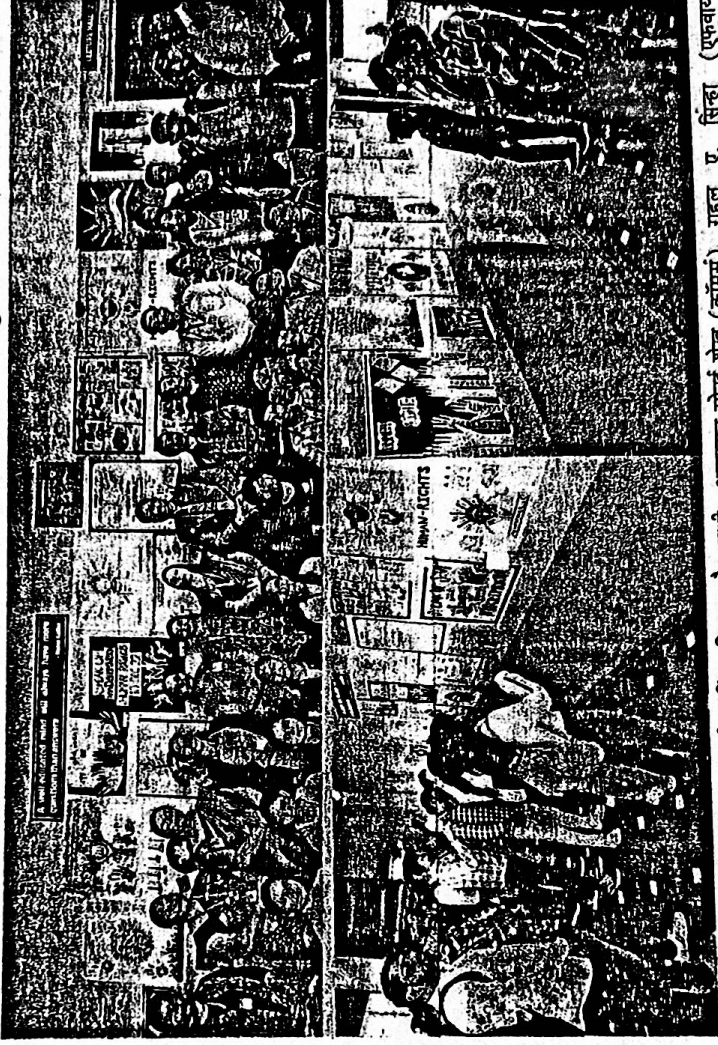


*S. S. R.*  
Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)

# आज़ादी आज़ादी

■ वर्ष: 18, अंक: 79  
 ■ मंगलवार 13 दिसंबर 2005  
 ■ पृष्ठ: 8 ■ मूल्य: 2 रु.  
 ■ RNI NO-DDHIN/2005/41  
 ■ सम्पादन- विजय वादीपुत्र

एमएसआर कॉलेज में अंतर्राष्ट्रीय मानव अधिकार दिवस पोस्टर प्रतियोगिता का हुआ आयोजन



असली आज़ादी न्यू नेटवर्क, सिलवासा 12 दिसंबर। एमएसआर कॉलेज में अंतर्राष्ट्रीय मानव अधिकार दिवस के अवसर पर पोस्टर प्रतियोगिता का आयोजन किया गया। डिपार्टमेंट ऑफ पॉलिटिकल साइंस द्वारा आयोजित इस प्रतियोगिता का उद्घाटन कॉलेज के प्राचार्य डॉ. रानीव सिंह किया और सभी प्रतिभागियों को शुभकामनाएं दीं। सभी प्रतिभागियों ने अपने हुनर से मानव अधिकारों के महत्व को बड़े ही सुंदर तरीके से अपने पोस्टर में प्रदर्शित किया। इस प्रतियोगिता में निर्णायकगण कॉलेज के प्राध्यापक विनील जेकारॉब (कम्प्यूटर साइंस), डॉ. अबुहसन सोनई शेख (कॉमर्स) एवं अनिल बगुल (इंग्लिश) रहे। प्रतियोगिता में प्रथम स्थान हिना शेख (एफवायबीए), द्वितीय स्थान दिव्या दिक्षीत (टीवायबीए) एवं अंसारी नरगिस मो. सोहिल (टीवायबीकॉम) और तृतीय स्थान प्रियंका चवान (एफवाय बीबीए सीए) एवं

गुह्ला ए. सिन्हा (एफवाय बीबीए सीए) ने प्राप्त किया। इस प्रतियोगिता की आवेदनक एवं कॉलेज की वाइस प्रिंसिपल डॉ. अल्पना शर्मा ने कॉलेज प्रबंधन, निर्णायकगण एवं सभी प्रतिभागियों को कार्यक्रम को सफल बनाने के लिए धन्यवाद दिया।



SSR Memorial Trust's

**SSR**

**COLLEGE OF ARTS, COMMERCE & SCIENCE**

Affiliated to Savitribai Phule Pune University



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(ID No. PU/DNH/ACS/90/2006)

AISHE CODE : C-41385

SPPU ID : CAAD018950

23<sup>rd</sup> August, 2022

A

Report of the

**National E-Seminar**

on

**“Changing Scenario in Libraries & Librarianship”.**

Submitted To,

**The Principal,**

SSR College of Arts, Commerce & Science,  
Silvassa.

**Executive Summary:**

One day National E-Seminar on “Changing Scenario in Libraries & Librarianship ” has been organised by the Department of Library & Information Science, IQAC cell and Institutional Innovation Council of the SSR College of arts, Commerce and Science, Silvassa on 22<sup>nd</sup> August 2022 at 2.00 pm to celebrate the auspicious occasion of Library Day 2022.

The day is commemorated to mark birth anniversary of **Padam Shri S.R. Ranganathan (Father of Library Science)**. The idea behind to organize this seminar was to understand how the libraries across the globe are helping learners enrich their knowledge in today’s virtual time. The main objective of E-Seminar was to understand the different type of learning in covid period. Teaching and research is the part of education and how can us aware of these new techniques and how can we apply in our field what is the benefit of E-journals & E-books how you get collect fund from UGC. And how can we provide latest facilities to students. The invitation of the seminar circulated among learners from all over the country. The seminar was helpful for students, teachers and academic librarians to learn new technique of the Library Science.

The seminar was done to flash some light on how difficult and structural the situation was for Librarian and every teaching staff to teach students through online platform.

**The objective of the seminar:**

The main aim of this E-Seminar is to understand advancement in E-Learning library resources in post Covid-2019. The objectives of the seminar were

- 1) To understand requirement of infrastructure facility for library resources.
- 2) To develop the Smart Library Automation for academic institutes
- 3) To understand necessity of Library Research

The Details are as below:

- 1) Date of E-Seminar : 22/08/2022
- 2) Time : 2.00 pm to 5.00 pm
- 3) Organizer : Department of Library & Information science, SSR  
College of Arts, Commerce & Science, Silvassa.
- 4) Organizing Team : (a) Dr. Rajeev Singh, Principal (Convener)  
(b) Dr. Ruchi Sinha, Head Librarian (Organizer)
- 5) Speaker : (a) Dr. Sanjay Kataria (University Librarian,  
Bennett University (Times Group), Greater  
Noida)  
(b) Dr. Neeraj Singh (Deputy Librarian A.C. Joshi  
Library, Panjab University)
- 6) Who Participated : (a) Graduate, Postgraduate and Research Students
- 7) Fees : Free Registration
- 8) Mode of Platform : Online through Google Meet & You Tube



SSR Memorial Trust's

### SSR COLLEGE OF ARTS, COMMERCE AND SCIENCE, SILVASSA

Sayli Road, Silvassa, UT of D&NH and D&D, India 396230  
(Affiliated to Savitribai Phule Pune University)  
Accredited by NAAC with B+ Grade



**Department of Library & Information Science, IQAC and Institutional Innovation Council**

**Celebrating Librarian's Day 2022**  
on  
**130<sup>th</sup> Birth Anniversary of Padma Shri Dr. S.R.Ranganathan**

**National E-Seminar**  
on  
**Changing Scenario in Libraries & Librarianship**  
**August 22, 2022**

**Technical Sessions**



**Prof. (Dr) Sanjay Kataria**  
Professor & Librarian,  
Bennett University, Greater Noida

**Organizing Members**



**Dr. Neeraj Singh**  
Deputy Librarian  
A C Joshi Library, Panjab University Chandigarh



**Dr. Ruchi Sinha**  
Head Librarian,  
SSR College of ACS, Silvassa



**Dr. Rajeev Singh**  
Principal,  
SSR College of ACS, Silvassa



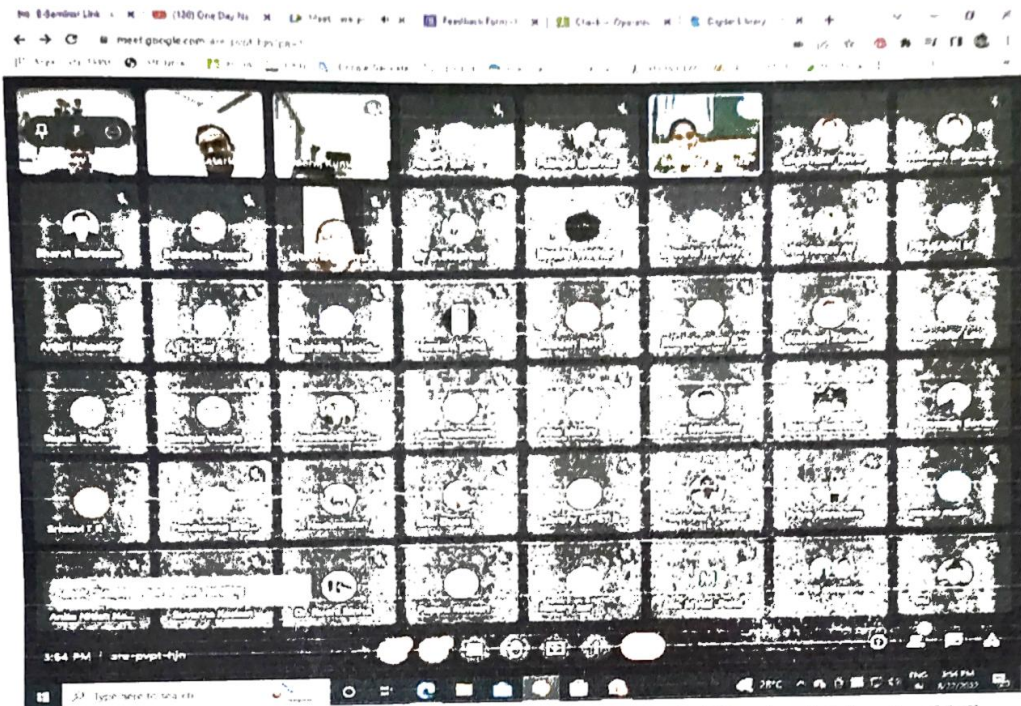
## Outline of the Seminar:

The structure of the seminar workshop was consisting of two technical sessions (plate 1):

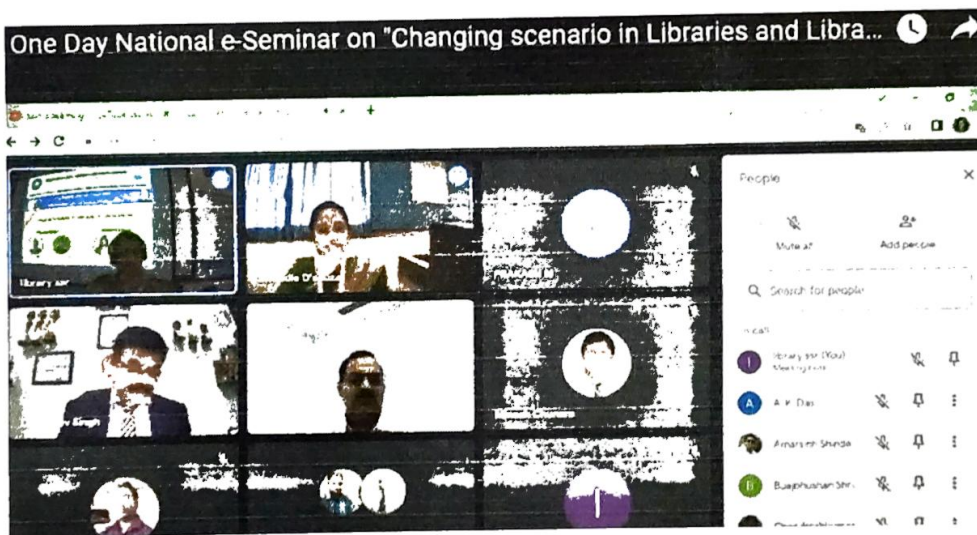
- 1) What is the Role of Librarian in Today's Era and actual position of Librarian in Education Department a brief introduction to all Librarians by Dr. Rajeev Singh, (Principal of SSR College of Arts, Commerce and Science, Silvassa).
- 2) Life Introduction and Contribution of Dr. S.R. Ranganathan by Dr. Ruchi Sinha (Head Librarian of SSR College of Arts, Commerce and Science, Silvassa).
- 3) Teaching & Research is the part of Education and Discuss the University Grant Commission (Criteria-3) and he explained various point in digital Era like Smart Libraries, Re-Design of Library Space, Smart Library Automation, and Research Support Services in Bennett University, and Single Window Search with Remote Access Facilities in Bennett University, digital Repository Services, Digital Literacy and Research Management etc. One more big talk about Chartered Institute of Library and Information Professionals Training rooms and Meeting Rooms. By Dr. Sanjay Kataria (University Librarian, Bennett University, (Times Group) Greater Noida).
- 4) Changing Scenario in Libraries & Librarianship and how we can use E-Books & E-Journals , Digital Technology in Panjab University, J.S. Database-Store, OER Contain in Teaching What is E-Contain How we can use it, what is the good way of any Research Paper and about InlibNet, Library Space Management, Research Ethics, Information Provided and how to access it how can increase citation of Research Area, Open Access what is the simple way of Open access and how can we share it etc. by Dr. Neeraj Singh (Deputy Librarian in A.C. Joshi Library, Panjab University, Chandigarh).

The seminar was started at afternoon 2.00 pm with Sarswati Vandana followed by brief information of the seminar theme presented by Dr. Ruchi Sinha (Head Librarian of SSR College of Arts, Commerce and Science, Silvassa). The welcome remark is given by Dr. Rajeev Singh (Principal of SSR College of Arts, Commerce and Science, Silvassa). Mrs. Sweedle D'Souza anchored the whole session. The technical sessions were structured with presentation by the resource person, followed by group discussions for interactive analysis of the topics.





**Photo 1:** One Day National E-Seminar on "Changing Scenario in Libraries & Librarianship".



**Photo 2:** Dr. Rajeev Singh, Principal, SSR College of Arts, Commerce and Science, Silvassa  
Principal Sir Inaugurated the E-Seminar.





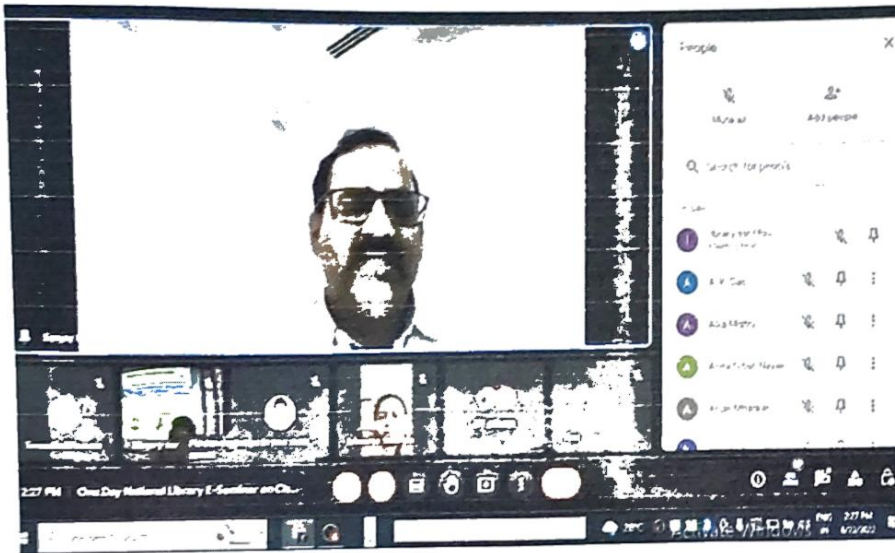


Photo 3: Dr. Sanjay Kataria ((University Librarian, Bennett University, (Times Group) Greater Noida).

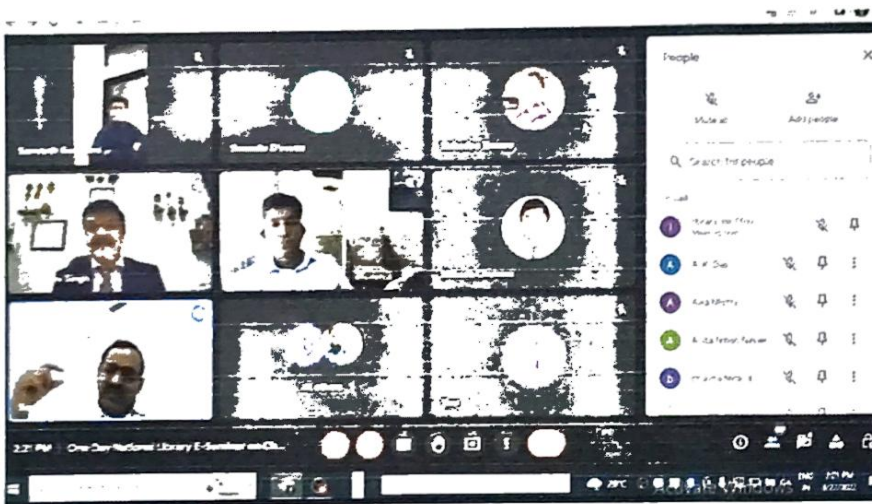


Photo 4: Dr. Neeraj Singh (Deputy Librarian in A.C. Joshi Library, Panjab University, Chandigarh).



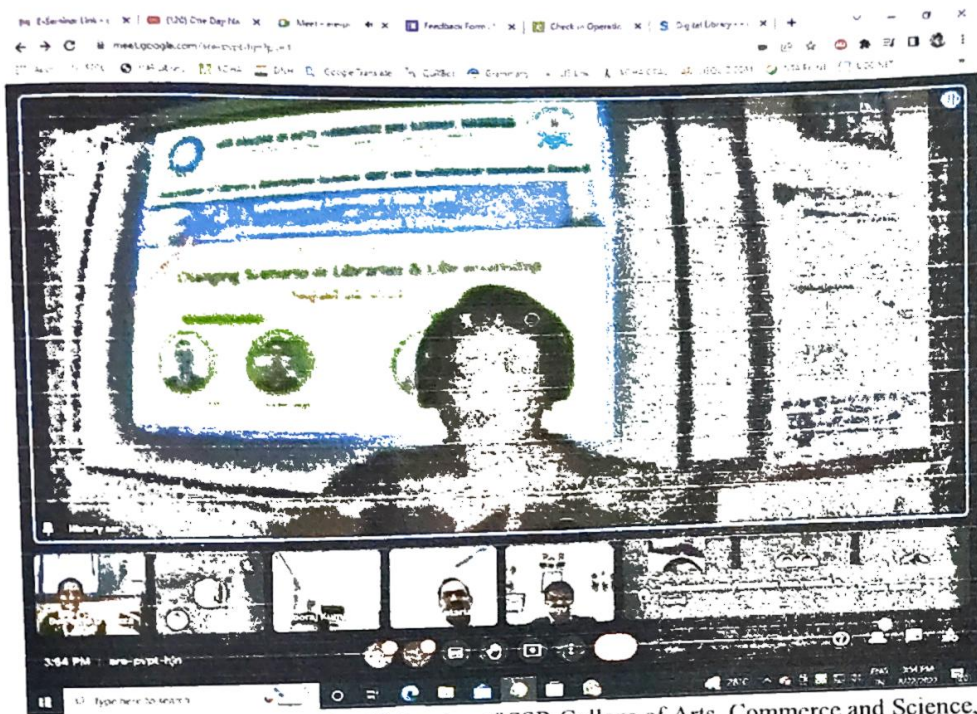


Photo 5: Dr. Ruchi Sinha (Head Librarian of SSR College of Arts, Commerce and Science, Silvassa) offering vote of thanks.

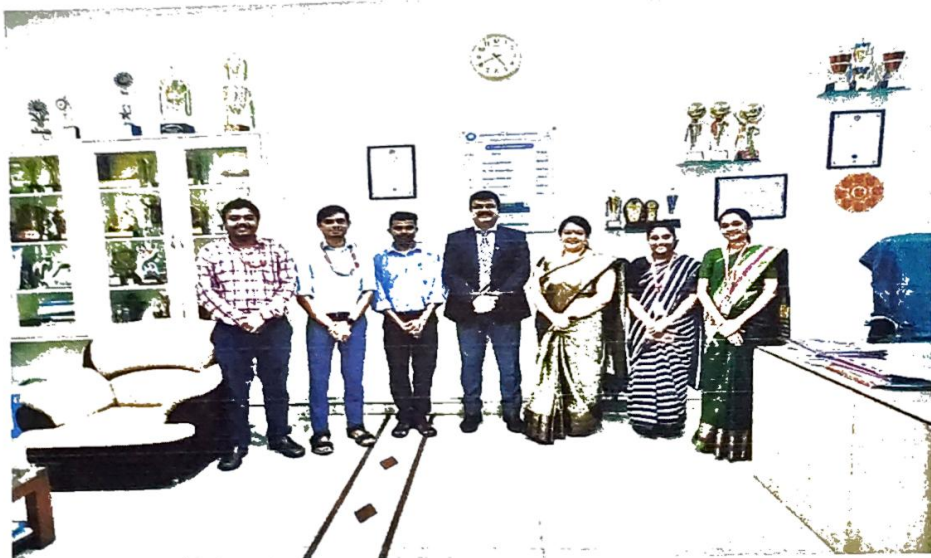


Photo 6: Organizing Committee and Technical Team of the E-Seminar



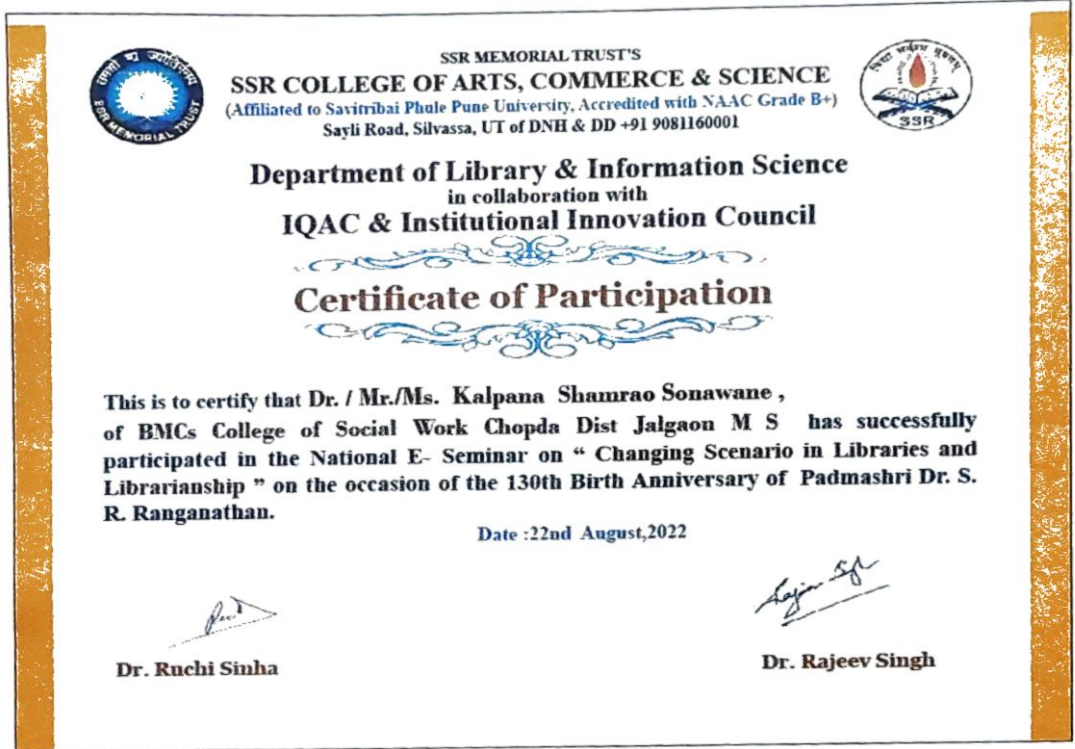
## Registered Beneficiary:

Sr. No	State	Number of Participants
1	Andhra Pradesh	11
2	Assam	2
3	Bihar	3
4	Chandigarh	2
5	Chennai	1
6	Chhattisgarh	2
7	Dadra & Nagar Haveli	4
8	Delhi	3
9	D.N.H. & DD	7
10	Goa	2
11	Gujarat	27
12	Haryana	7
13	Jammu & Kashmir	6
14	Jharkhand	3
15	Karnataka	8
16	Kerala	4
17	Madhya Pradesh	15
18	Maharashtra	52
19	Nagaland	4
20	Odessa	4
21	Pondicherry	2
22	Punjab	4
23	Rajasthan	4
24	Tamil Nadu	20
25	Telangana	1
26	Tripura	1
27	Uttar Pradesh	12
28	Villupuram	1
29	West Bengal	7
	<b>Total Participants</b>	<b>246</b>

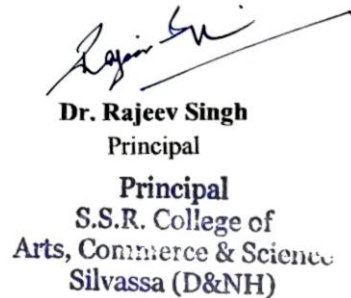


## Certificate Distribution:

Certificates have been distributed to all the attendees through the registered mail ID.



## Submitted By



**Tentative Programme Schedule on 22.08.2022**

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Sr. No	Programme	Time
1	<b>Inauguration</b> a) Introduction of the seminar - Dr. Ruchi Sinha (Head Librarian, SSR College of Arts, Commerce and Science, Silvassa)  b) Welcome Speech - Dr. Rajeev Singh (Principal, SSR College of Arts, Commerce and Science, Silvassa)	2:00 PM – 2:20 PM
2	<b>Technical Session I –</b> Changing Scenario in Libraries and Librarianship - Dr. Sanjay Kataria, University Librarian, Bennett University (Times of India Group), Greater Noida.	2:20 AM – 3:00 AM (30 minutes session & 10 minutes for question & answer)
3	<b>Technical Session II –</b> Changing Scenario in Libraries and Librarianship - Dr. Neeraj Singh, Deputy Librarian, A.C. Joshi Library, Panjab University.	3:10 PM – 4:00 PM (30 minutes session & 10 minutes for question & answer)
4	<b>Valedictory</b> a) Report of the Seminar - Ms. Sweedle D'Souza (Assistant Professor, SSR College of Arts, Commerce and Science, Silvassa)  b) Vote of thanks - Dr. Ruchi Sinha (Head Librarian, SSR College of Arts, Commerce and Science, Silvassa)	4:10 PM – 4:20 PM

**SSR Memorial Trust's**  
**SSR College Of Arts Commerce and Science**  
**Sayli Road, Silvassa – 396 230 (UT of D & NH)**

**Department of Psychology & Guidance and Counseling Cell**

**Report- World Mental Health Day (10-10-22)**

**Date:** 11/10/2022

**Programme:** Street Play

**Occasion:** World Mental Health Day (10-10-22)

**Organized by:** Department of Psychology

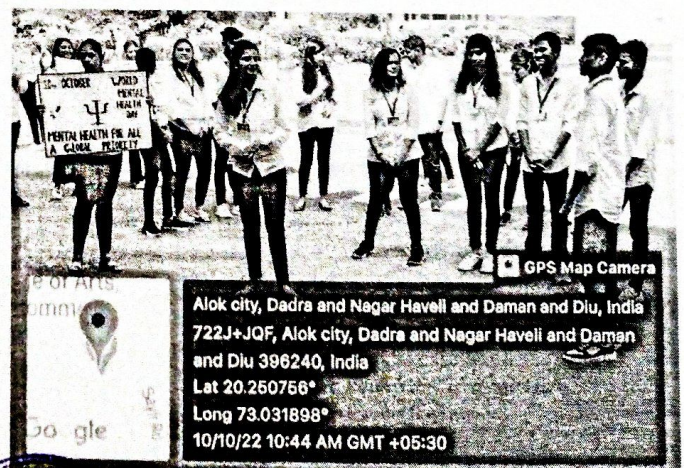
**Venue:** SSR College of ACS, SSR College of Pharmacy

The Department of Psychology & Guidance and Counseling Cell of SSR College of Arts, Commerce & Science organized a "Street Play" on "10<sup>th</sup> October 2022" on the occasion of "World Mental Health Day". The theme for street play was "**Make Mental Health and Well Being for All a Global Priority**". The street play was performed by SYBA and TYBA students of Department of Psychology. The street play was presented in front of SSR ACS College at 10:46 AM, SSR Pharmacy College at 11:40. The purpose of this street play was to spread awareness regarding mental health and its global acceptance. The street play showed the mental health problems and its solution through the medium of college student's daily life and their issues.

30 students from Department of Psychology participated in this street play. Students perform the play in presence of Principal of ACS College Dr. Rajeev Singh, Vice-Principal Dr. Alpana Sharma, Faculty Head of Arts, Dr. Tanu Sharma and staff and students of Arts, Commerce and Science.

**2 - Street Play at SSR College of Pharmacy**

**1 - Street Play at SSR College of ACS**



The program was coordinated by Mr. Premraj Parate, Assistant Professor, and Department of Psychology. Principal Dr. Rajeev Singh congratulated all students and praise their efforts for the program and motivated them for organizing more programs.

### 3 - Principal Dr. Rajeev Singh Congratulating Students of Psychology Department



Around 500 students from both the colleges benefited by gaining awareness about mental health from the Street Play.

**Dr. Tanu Sharma**  
Head, Department of Psychology

**Principal**  
**Principal**  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)



**SSR Memorial Trust's**  
**SSR College of Arts, Commerce and Science, Silvassa**

**Department of Psychology and Guidance and Counseling Cell**

**Letter for Permission**

Date: 06/10/2022

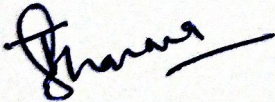
To,  
The Principal,  
SSR College of ACS,  
Silvassa - 396230

**Subject:** Permission to present "Mental Health Awareness Street Play" to student of SSR College

Respected Sir,

The students of Psychology Department and Guidance and Counseling Cell wants to present a "Street Play" for "Mental Health Awareness" to the students of SSR College. This street play will be conducted on the occasion of "World Mental Health Day on 10<sup>th</sup> October". We request you to grant us permission to present the street play. The street play will be of 15-20 Minutes. The Purpose of this street play is to spread awareness regarding the mental health.

Thanking You.



Head, Department of Psychology



Principal

Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)





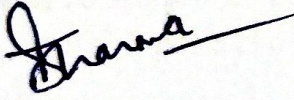
SSR Memorial Trust's  
SSR College of Arts, Commerce and Science, Silvassa

**NOTICE**

Date: 08-10-2022

**Department of Psychology & Guidance and Counseling Cell**

This is to inform all the students that on the occasion of "World Mental Health Day" the Department of Psychology and Guidance and Counseling Cell will present a "Street Play" for "Mental Health Awareness". This street play will be conducted on 10<sup>th</sup> October 2022 at 10:30 a.m. in front of the ACS building and Pharmacy College. The students and staff of the Psychology Department invite you all for the same.



Head, Department of Psychology



Principal

**Principal**  
**S.S.R. College of**  
**Arts, Commerce & Science**  
**Silvassa (D&NH)**





'SWARGEeya SANJIBHAI RUPJIBHAI MEMORIAL TRUSTS'  
**SSR COLLEGE OF ARTS, COMMERCE AND  
SCIENCE**



(AFFILIATED TO SAVITRIBAI PHULE PUNE UNIVERSITY)

SAYLI ROAD, SILVASSA, UT OF DADRA AND NAGAR HAVELI-396230

ID No:PU/DNH/ACS/90/2016 Ph.No: 0260-2681102 Email:

**National Service Scheme  
Annual Report 2022-23**

During this year we have started our NSS activities by registration of students in NSS in the month of July and formed NSS unit of 100 students in which 45 boys and 55 girls students were selected.

As per directive from NSS department of Savitribai Phule Pune University We have completed online NSS unit proposal process before 15<sup>th</sup> Aug 2022.

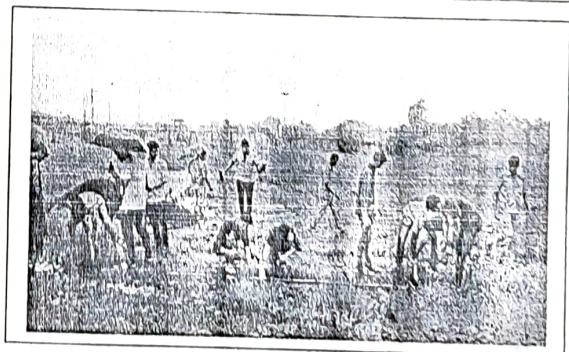
The meeting annual planning of NSS regular activities was explained by Mr, Prabhakar Desai Co ordinator of NSS, SPPU.

Accordingly We have received sanction letter for NSS unit of 100 Volunteers from SPPU (NSS/855/2022). Amount of Rs 34000/- (340/ student).

As a part of regular activities our NSS unit was involved in following various activities.

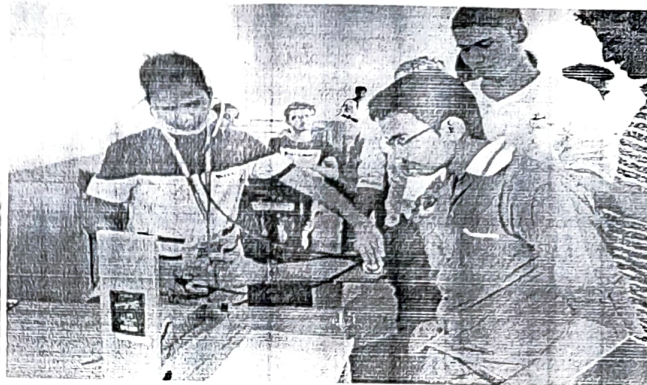
**1. Plantation programme -**

NSS unit of our college had organized a plantation programme on June 5 as a celebration of 68<sup>th</sup> Van Mahostav in DNH. In this plantation programme more than 120 plants were planted surrounding the college campus area.



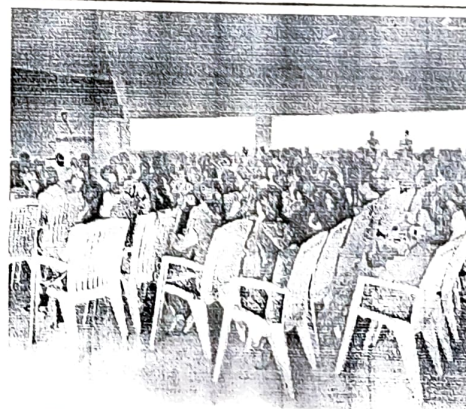
## 2. Medical Health Checkup

Our NSS unit was also involved in Medical Health check up programme held on 8<sup>th</sup> and 9<sup>th</sup> Aug 22 in which medical health check up of all the first year students was done by a team of Medical officers from Shri Vinoba Bhave Civil Hospital, Silvassa



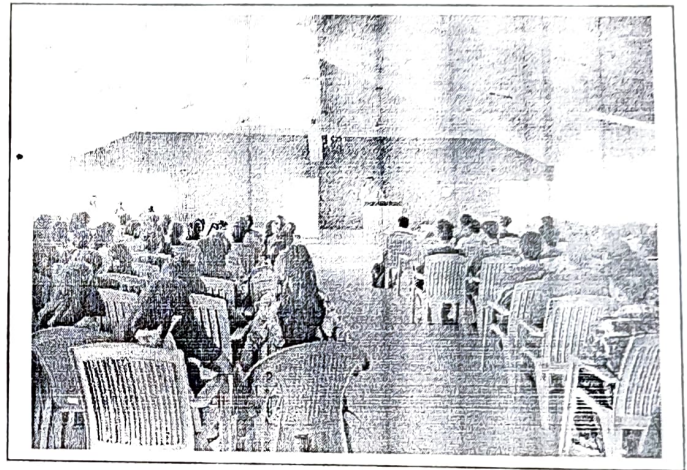
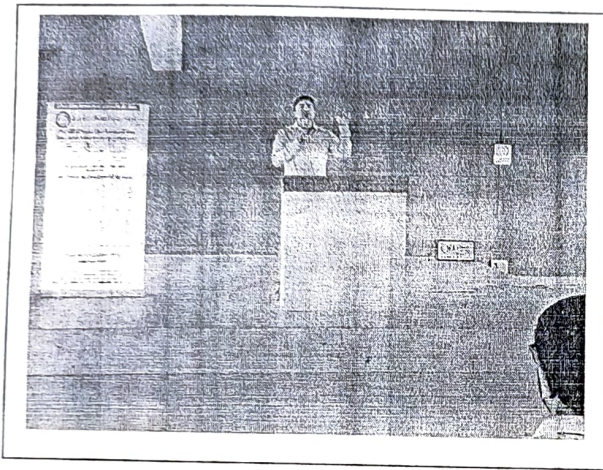
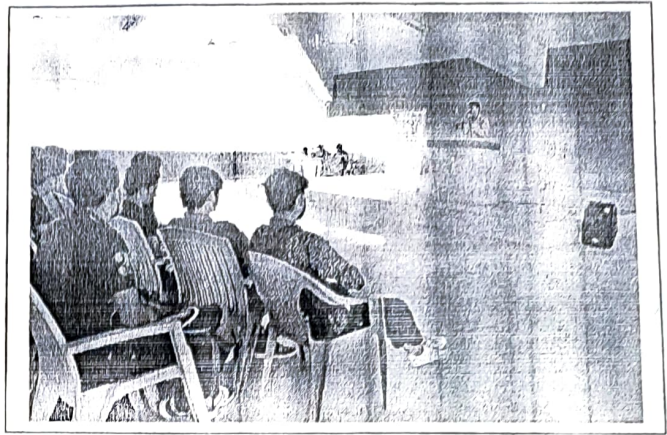
## 3. Tobacco Control Programme

Our Unit had also organized a seminar on tobacco awareness on 2<sup>nd</sup> Oct 22 . An awareness lecture was given by Shri Madhusudan Samal Coordinator Tobacco control programme VBCH. After his guidance our NSS volunteers are involved in creating awareness amongst the youngsters and to help the addicted persons to get rid of tobacco addiction



#### 4. Sickle cell anemia Test

Sickle cell anemia awareness and screening test was organized by our unit in association with VBCH. Under this programme awareness lecture was given by Mr Ketan Patel and our NSS volunteers helped in screening of our college students for Sickle cell anemia conducted by SVBCH, Silvassa on 01Dec22



*Shivsuman*  
NSS Programme Officer  
SSR College of ACS, Silvassa

*Dr. A. Pans*  
16/3/23  
Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)





SSR MEMORIAL TRUST'S

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D-061

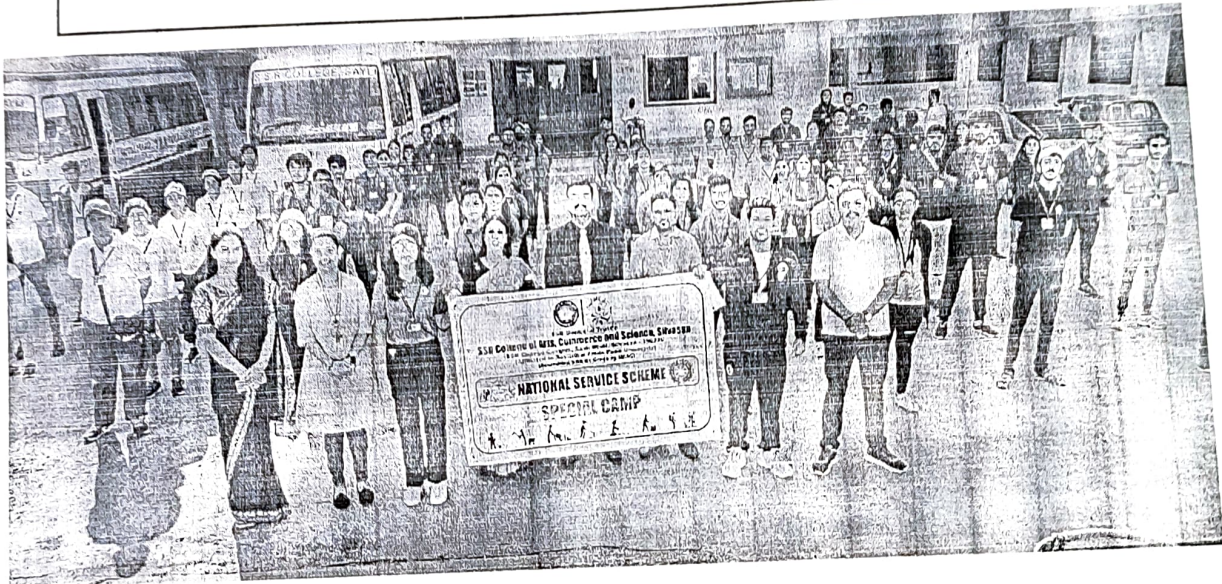
Report of 7 Days NSS Special camp Randha 2022-23

Camp Place- Eklavya Bal Chatravas, Vanvasi Kalayan Ashram, Randha

Date- From 15<sup>th</sup> February 2023 to 21<sup>th</sup> February 2023

Number of Students – 68 , Boys -38 , Girls -30.

Total Expense – 69,639/-



**NSS UNIT D-061 SSR COLLEGE OF ARTS, COMMERCE AND SCIENCE, SILVASSA**

As per the directives from Savitribai Phule Pune University, our NSS unit has organized 7 Days 1 Special Camp at Randha Village, In which total 68 (38 Boys, 30 Girls) volunteers had participated. Stay arrangement of all volunteers was done at Eklavya Bal Chatravas campus , Vanvasi Kalayan Ashr Randha . During the 7 Days NSS Special Camp our NSS unit have carried out following major activities .

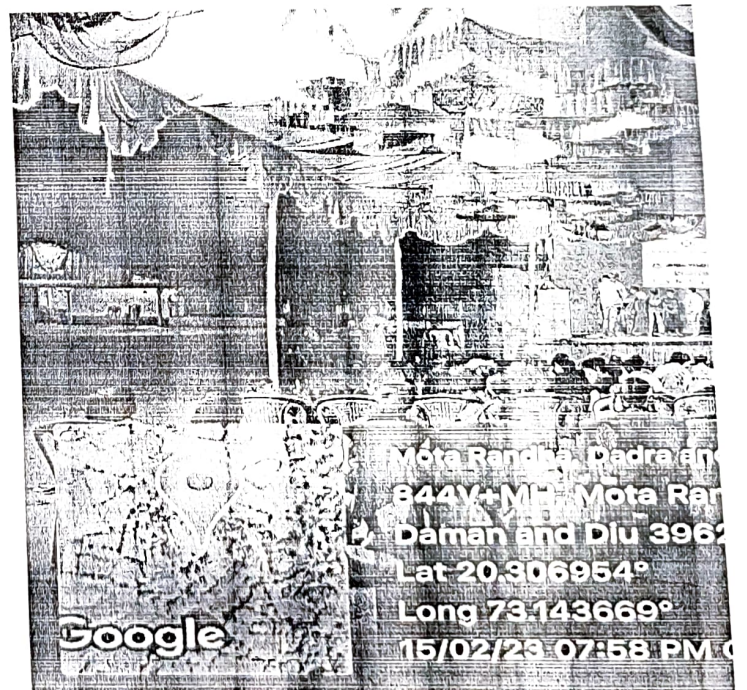
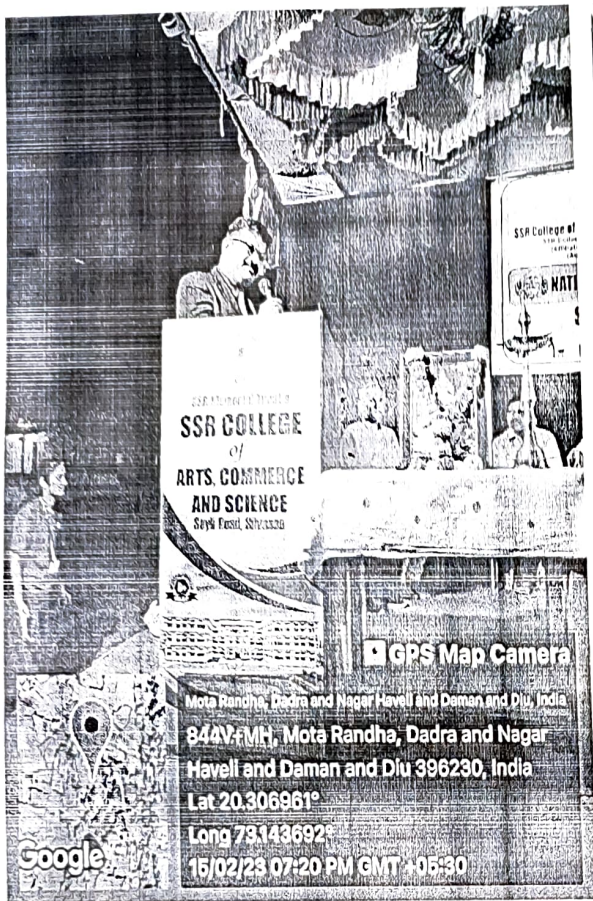
DAY-1 CAMPUS CLEANESS & INAUGURATION



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844V+MH, Mota Randha, Dadra and Nagar Havell and  
Daman and Diu 396230, India  
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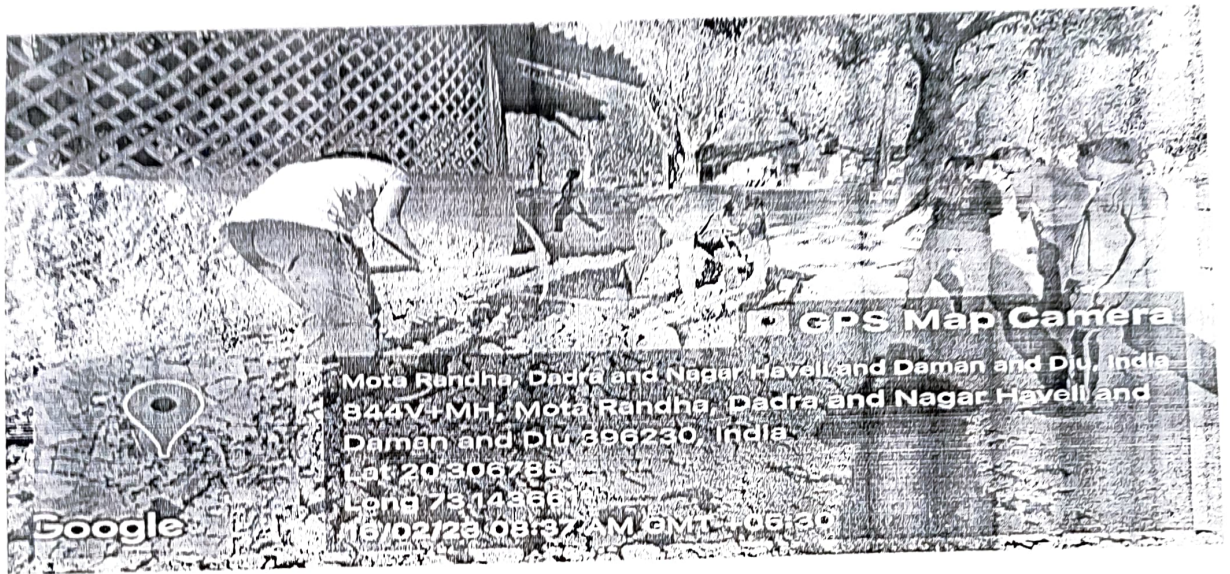
**GPS Map Camera**  
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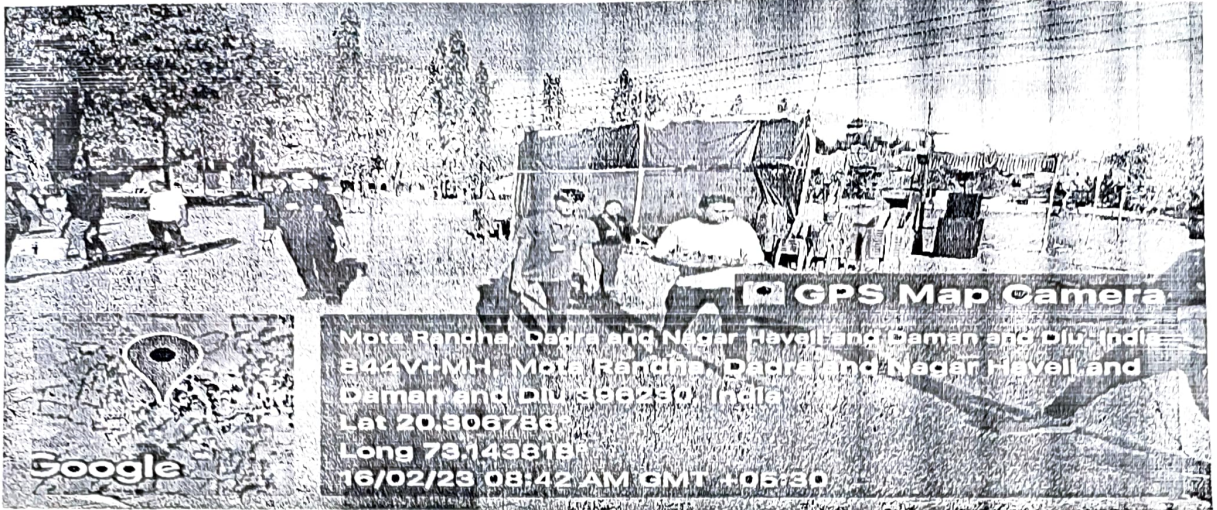
- On 15th February, 2023 our camp has left the SSR College Of Arts Commerce And Science campus toward the village of Randha.
- Our first work after reaching randha was to clean our dormitories.

- At 7:00PM our NSS camp inauguration has started in the presence of principle of SSR ACS Ragive Singh, Sarpanch of Randha village and all the member of district panchayat.
- The kitchen duty for first day was of rose group

DAY : 2 CLEANLINES DRIVE



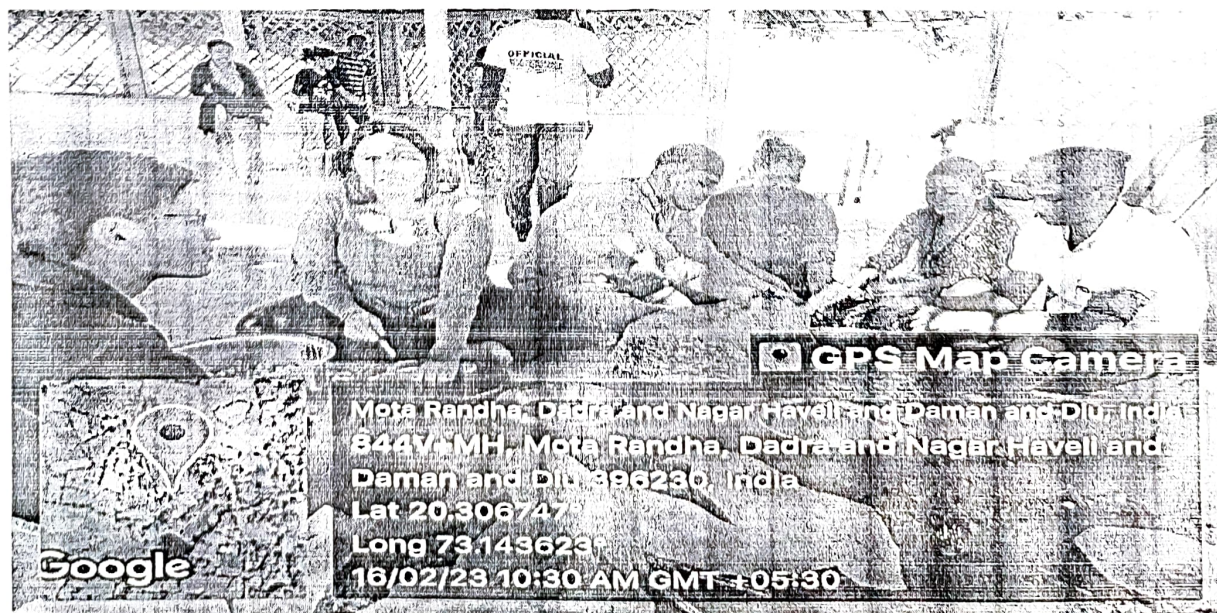




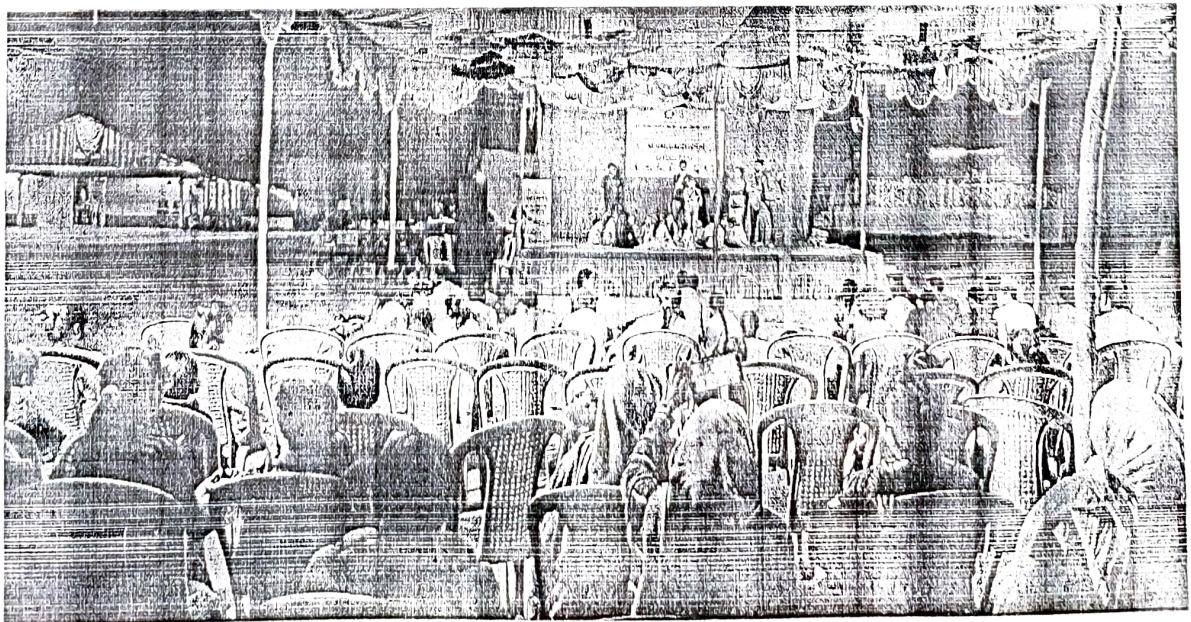
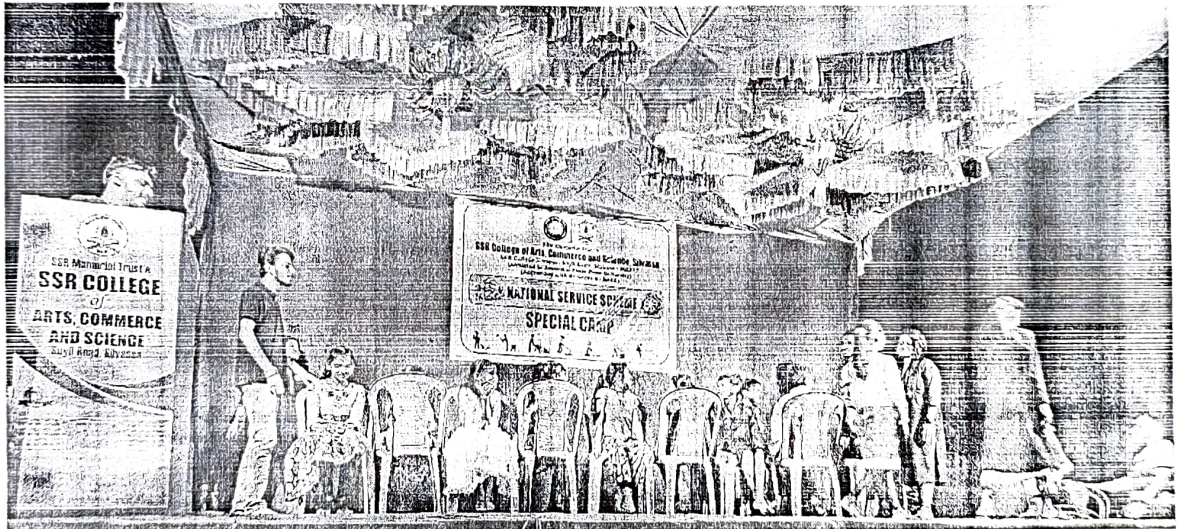
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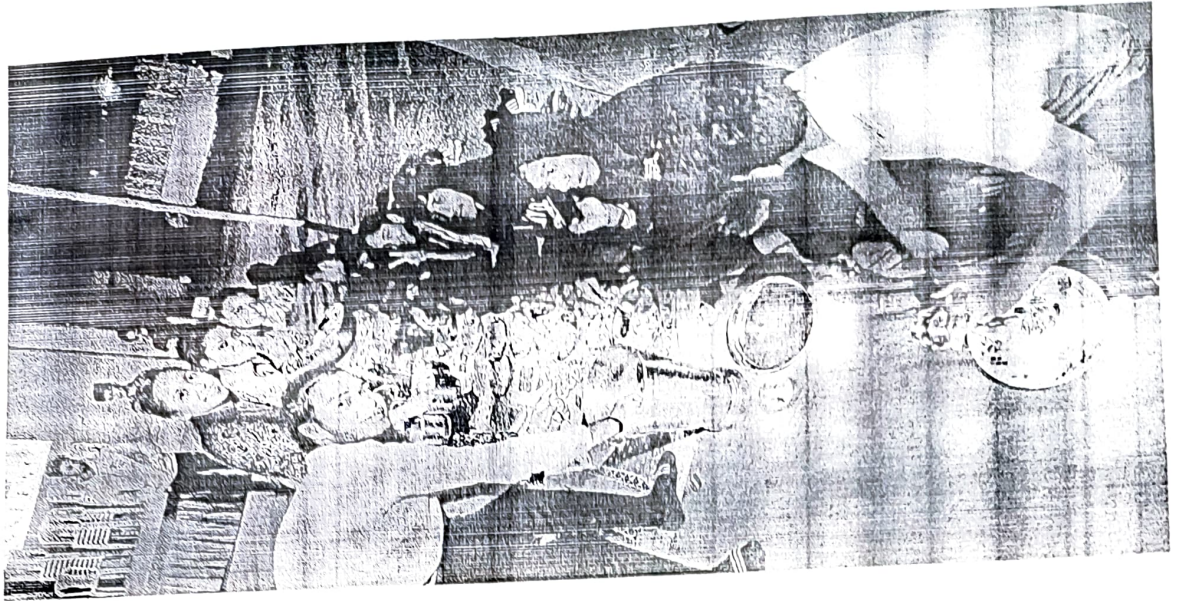


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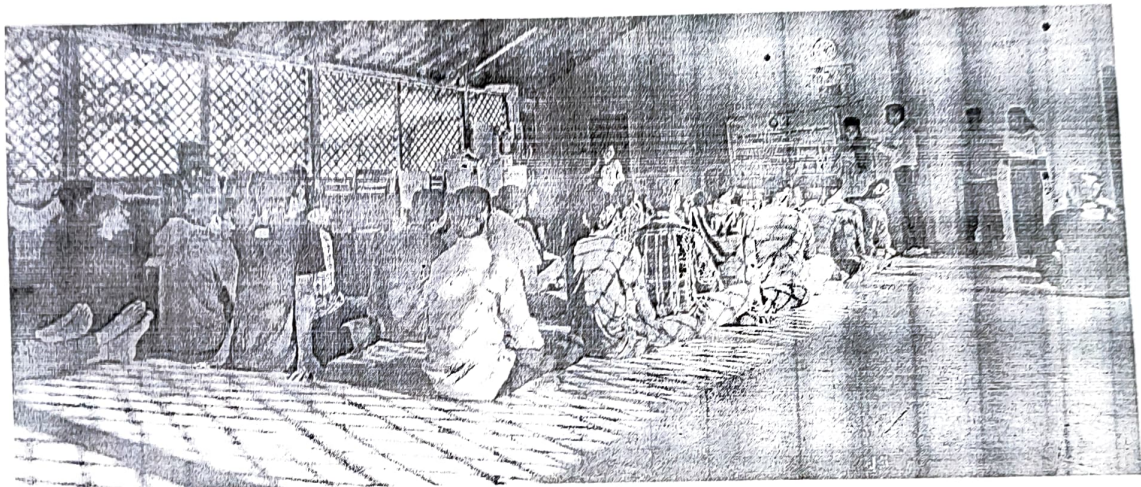


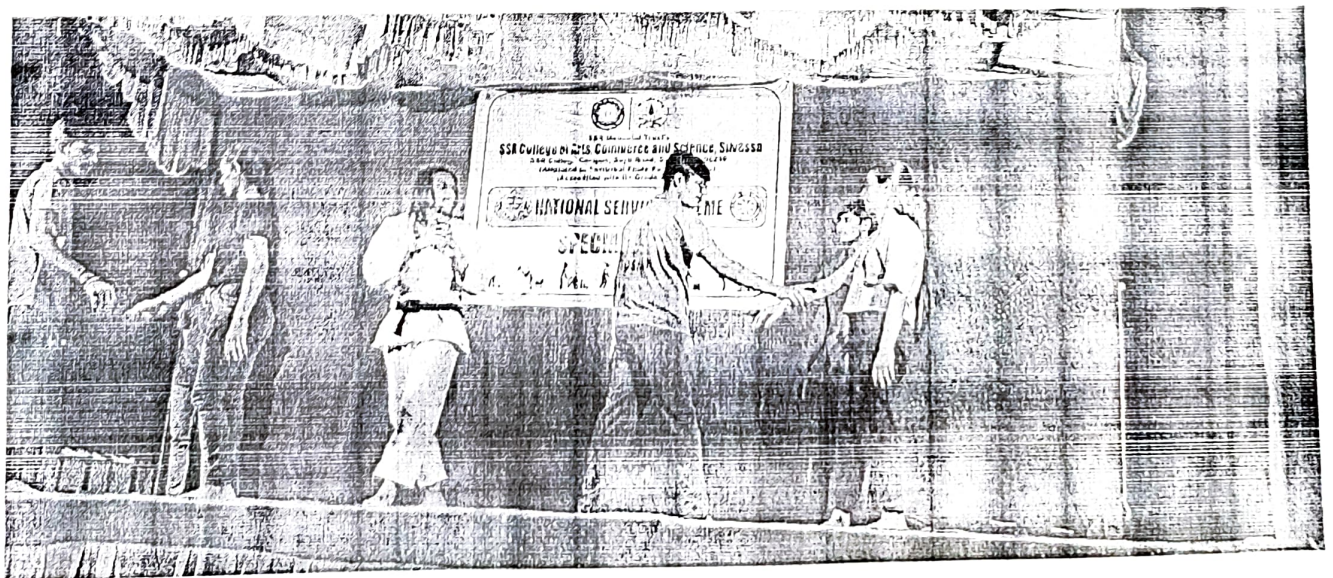


- The second day of NSS camp start with yoga at 6:00AM.
- The field work duty was of Marigold group who have divide the work to every group in which sweeping tree leaves , Removing big stones , Putting soil to plants and cleaning the gaoshala
- The kitchen duty Coordinator of Lotus group who have made fabulous breakfast , lunch and dinner
- The cultural program coordinator of evening was of Hibiscus group in which at 4:00 the intellectual lecture was organised and from 7:00 our evening program was started for the village people in which many skit , dances , singing , games for kids and many more was there and everyone enjoyed it.
- And this how our day 2 was ended of our camp

DAY 3 : CLEANLINESS DRIVE AND WOMEN EMPOWERMENT



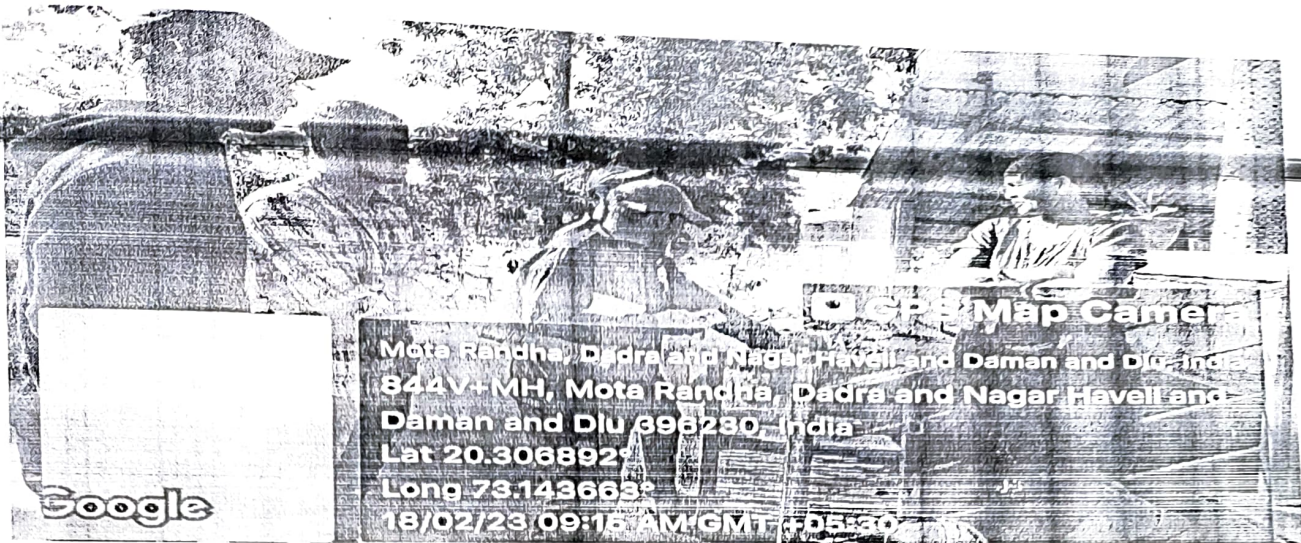




- The third day of our camp started with yoga at 6:00Am with wonderful and body refreshing suryanamaskar and many other yoga
- The kitchen duty was of Tulip group who have made wonderful and delicious breakfast ,lunch and dinner
- The field work Coordinator was of Jasmin group who have divided the work to every group like cleanliness of the ground l, gardening and many more
- The cultural program coordinator was of sunflower group in which 4:00Pm intellectual program was organised the in which the the special guest was Mahesh Mahajan on topic “positive thinking” .
- The program for villager was started at 7:00 Pm sharp the main awareness topic was women empowerment in which to aware villagers many skit , self defense for womens and many more this was performed.
- This is how our day three of NSS camp has been ended.

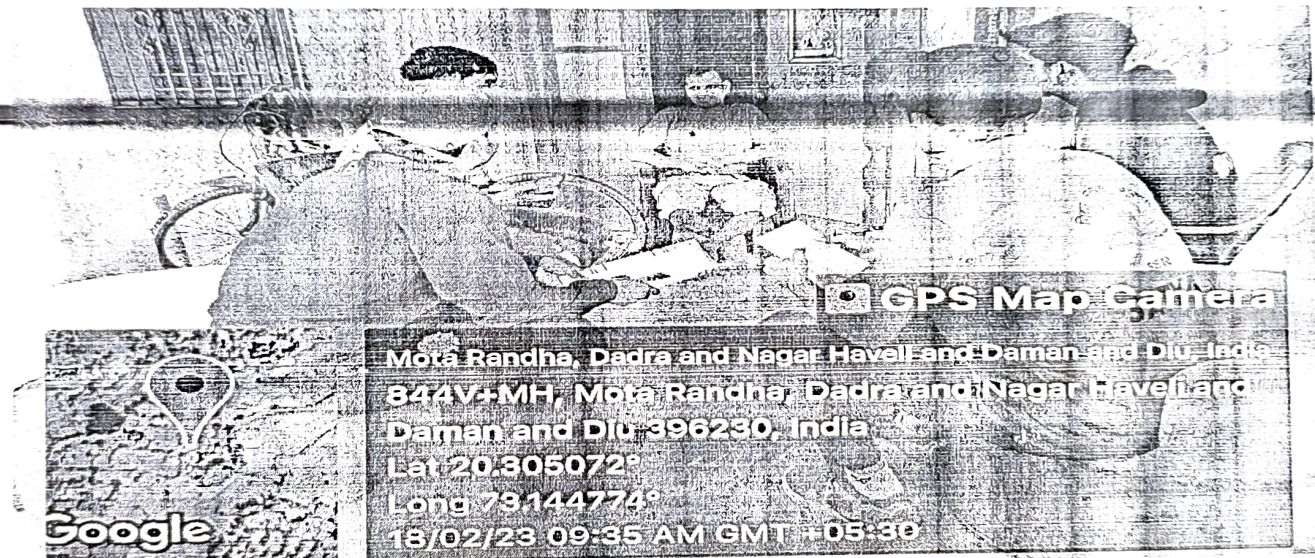
**DAY 4 : IMPORTANCE OF YOGA AND SOCIAL SURVEY**





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**GPS Map Camera**  
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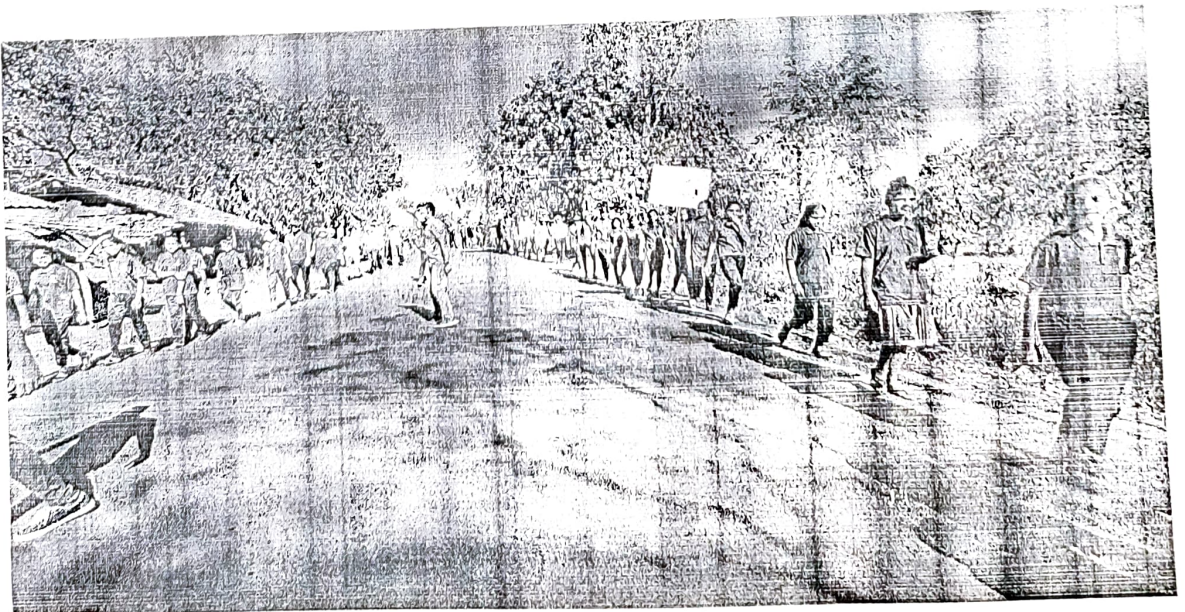
**GPS Map Camera**  
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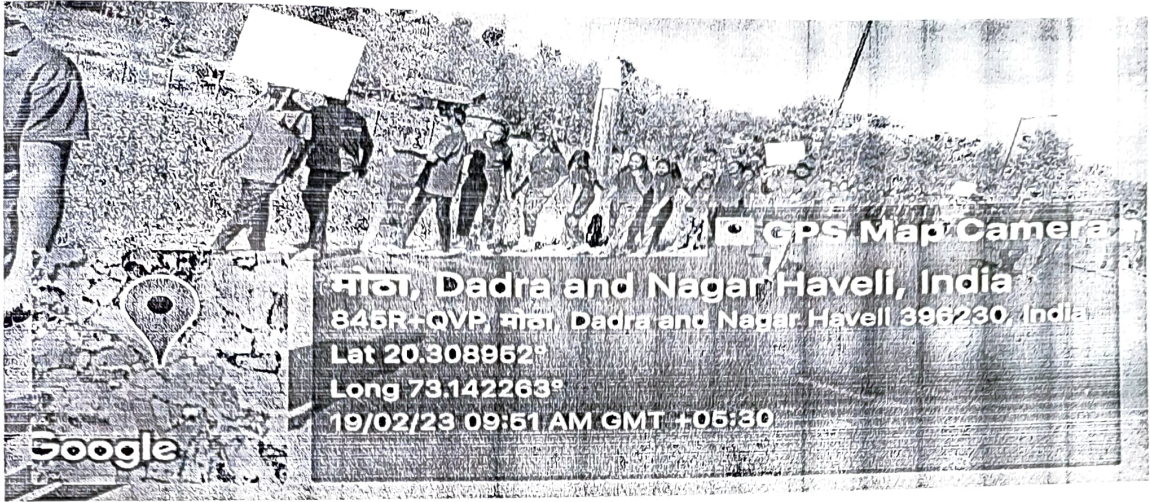


- The fourth day of our NSS camp started with Yoga at 6:00 Am
- The kitchen duty was of Hibiscus group who had made wonderful and delicious breakfast ,lunch a dinner
- The field work duty coordinator was Rose group in which they and other all group have been visit village and done the survey in which they came to understand what the people needs , how much people are suffering from any disease,average people staying in one house and many more things
- The Cultural program coordinator was Marigold group and at evening 4:00Pm intellectual lecture v organised the chief guest was Mrs Geeta Duggal and Vinit Duggal and the topic was "Social work
- The program for villagers was started at 7:00 Pm and the topic for awareness was Corruption and Government Scheme in which there are many skit awaring villagers about Government schemes a how to avoid corruption many dances and Singing and games for the small kids and many more.
- This is how Fourth day of our NSS camp ends.

DAY 5 : RALLY ON SWACHATA BHARAT ABHIYAN



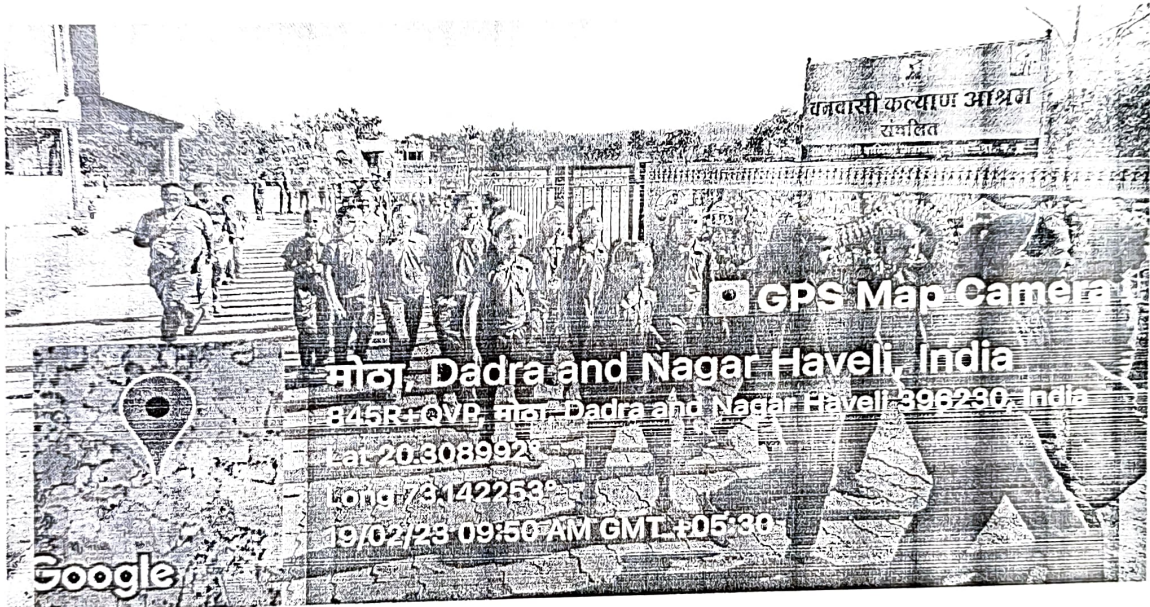




GPS Map Camera

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846R+QVP, मोठा, Dadra and Nagar Haveli 396230, India  
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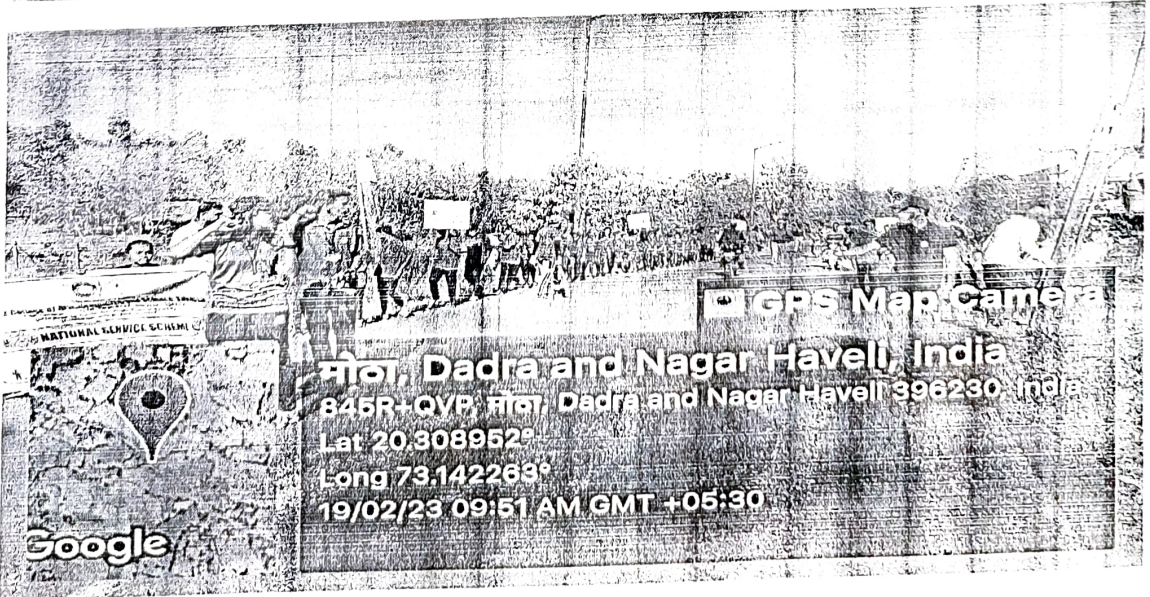
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GPS Map Camera

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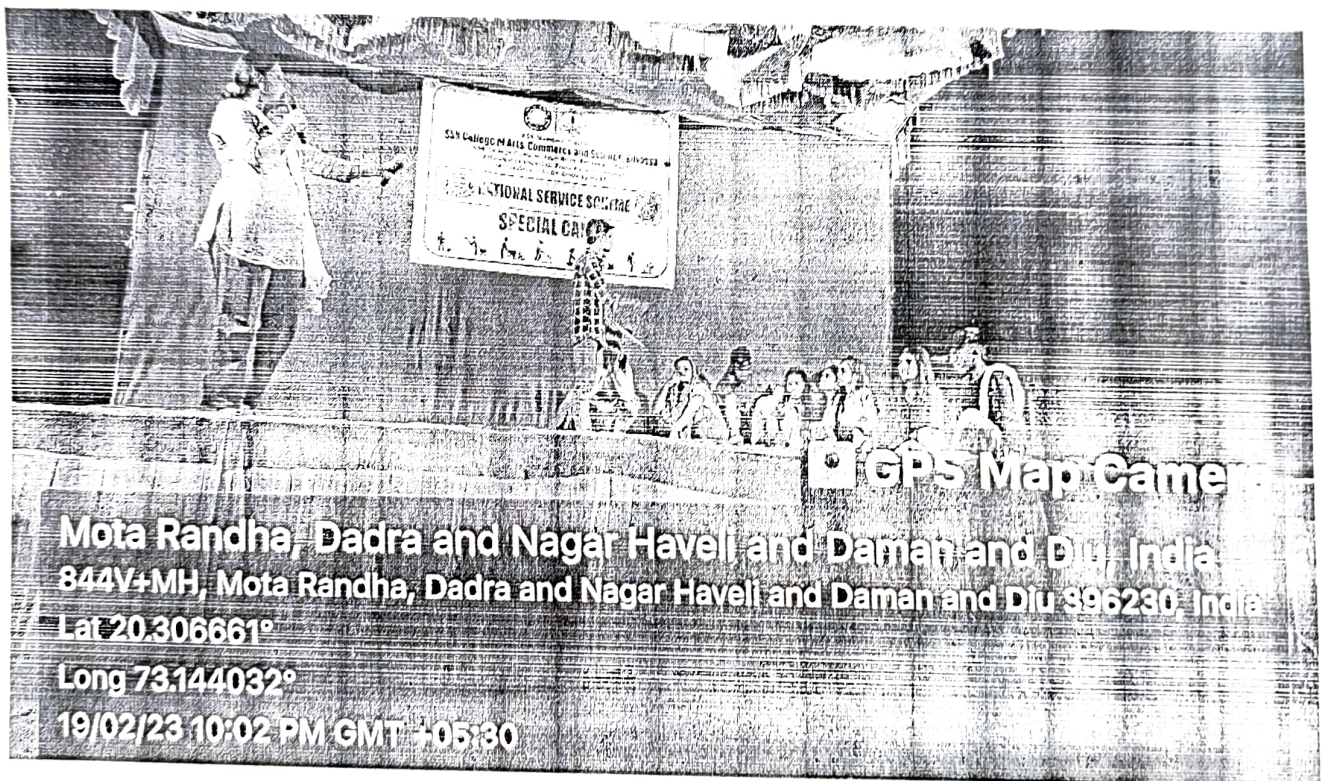
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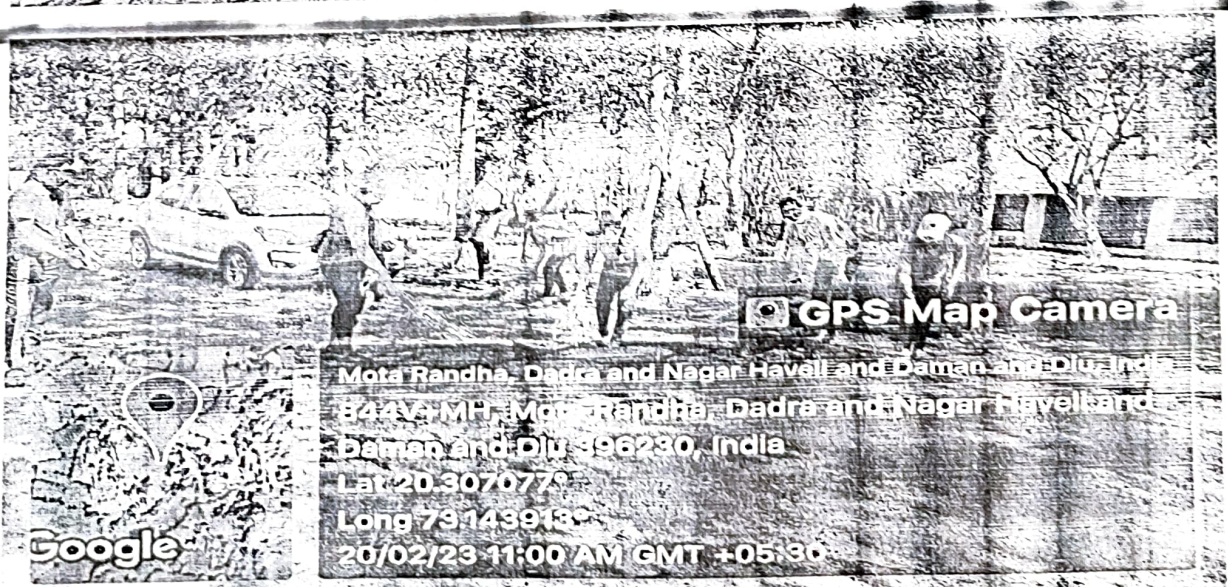
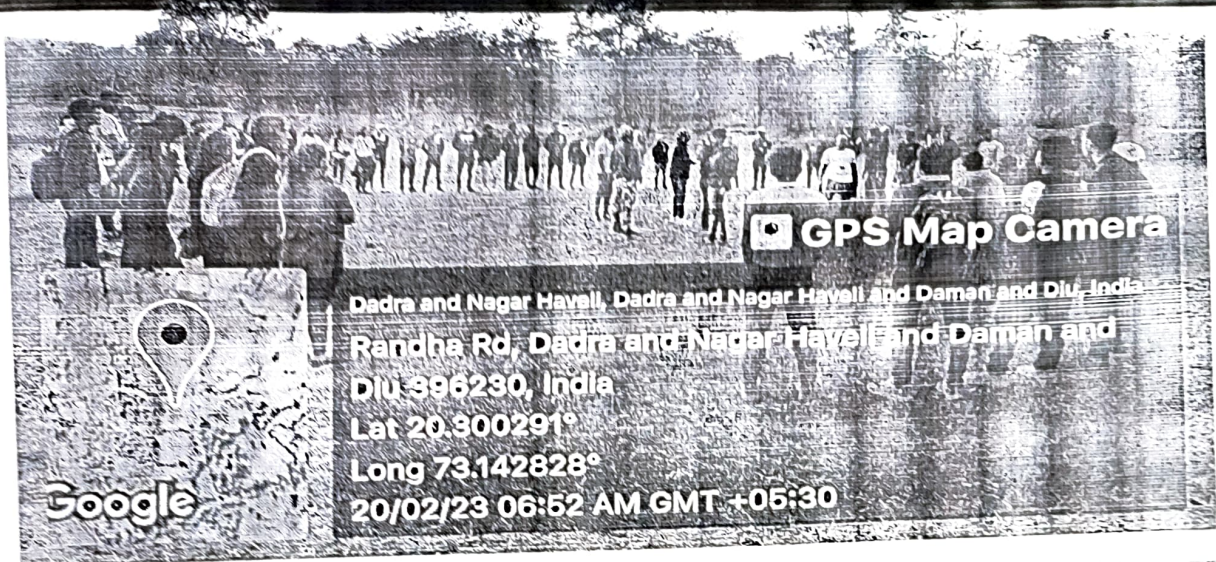
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19/02/23 09:51 AM GMT +05:30

Google



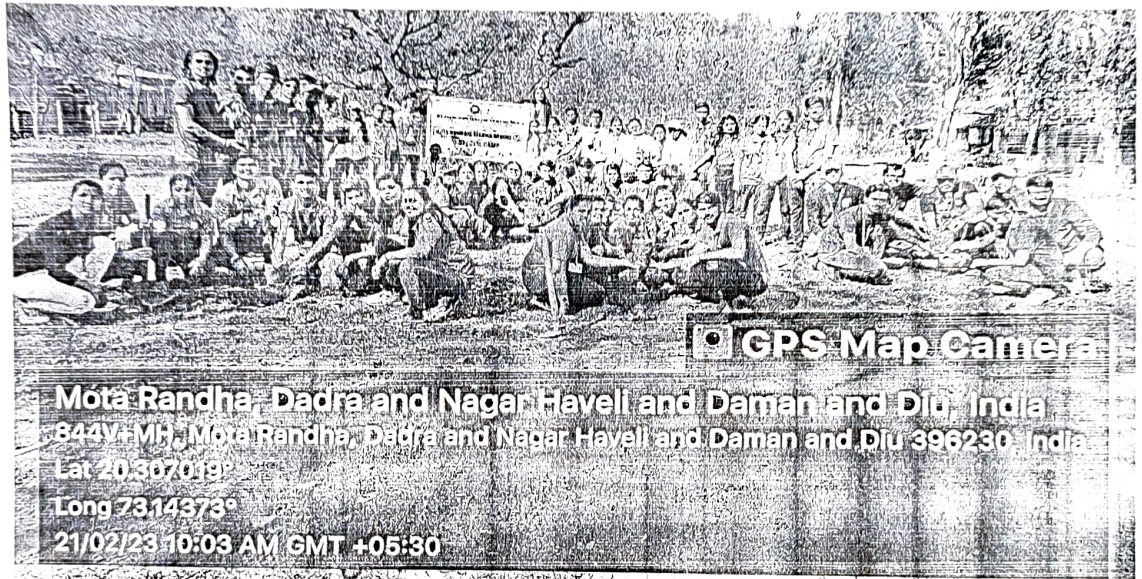
**Mota Randha, Dadra and Nagar Haveli and Daman and Diu, India**  
**844V+MH, Mota Randha, Dadra and Nagar Haveli and Daman and Diu 396230, India**  
**Lat 20.306661°**  
**Long 73.144032°**  
**19/02/23 10:02 PM GMT +05:30**

- The Fifth day of our camp started with Jogging and yoga at 6:00Am.
- The kitchen duty was of Sunflower who have made delicious food.
- The Field work Coordinator was Lotus group and on this day rhe rally was organised on Swacch Bharat to aware the villagers about the importance of cleanliness
- The ralley was made successful by NSS volunteers and the Children's staying in boys aashram and the girls living in mahila chatraliya .
- The cultural program coordinator was Jasmin group and at 4:00pm our yoga sir have take an intellectual lecture
- The program for villagers was started at 7:00PM the awareness topic for this day was effect of electromagnetic radiations UV rays and Noise the are skit performed in which awareness about mobile usage , dances and many more things was done by the volunteer.
- This is how our fifth day of our camp ends



- The Sixth day of our camp started with Trekking and after we reach at the top of peak the Sir Dr A Baber sir show us some locally available birds and some locally available plants.
- The Kitchen duty was of Marigold group who have delicious breakfast lunch and dinner
- The Field work Coordinator was Tulip group who have divided the work to every group in which sweeping the leaves , cleaning gaoshala, and many more work was done
- The cultural program coordinator was Rose group at 4:00pm intellectual lectures was started
- The program for villagers was started at 7:00Pm in which the awareness topic was self defense ma skits and dances were performed singing , qwali , karate moves and many more things were performed.
- This is how the sixth day of the camp ends .

DAY 7 : PLATATION AND CONCLUDING SESSION



**SSR College Of Arts, Commerce and Science**

**Sayli, Silvassa**

**Department of Psychology**

**Report of Visit to Red Cross School and District Disability Rehabilitation center**

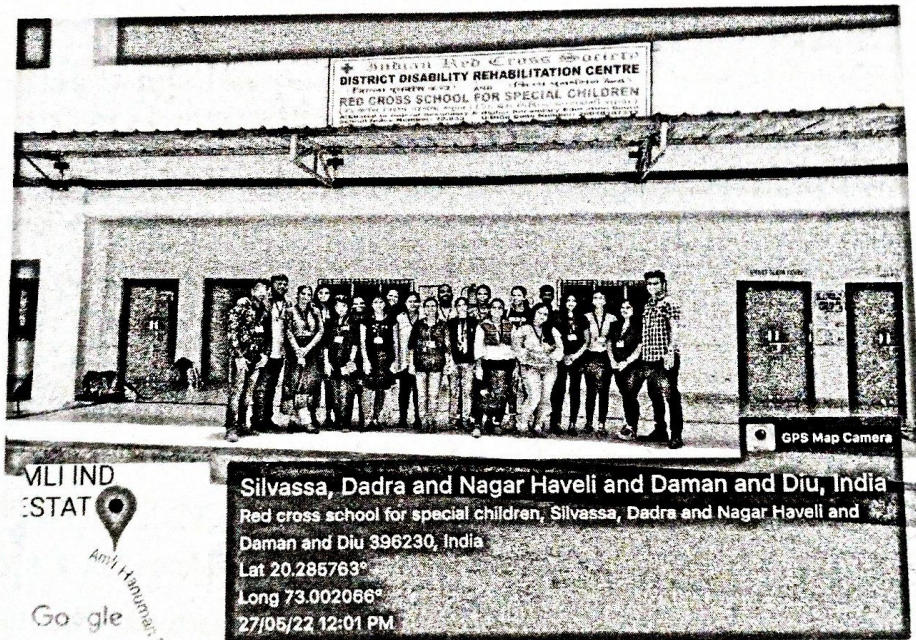
**Activity: Visit to Red Cross School and District Disability Rehabilitation center, Silvassa**

**Date: 27th May 2022.**

**Organised by: Department of Psychology**

**Objective: To encourage and help students learn the practical application of the subject.**

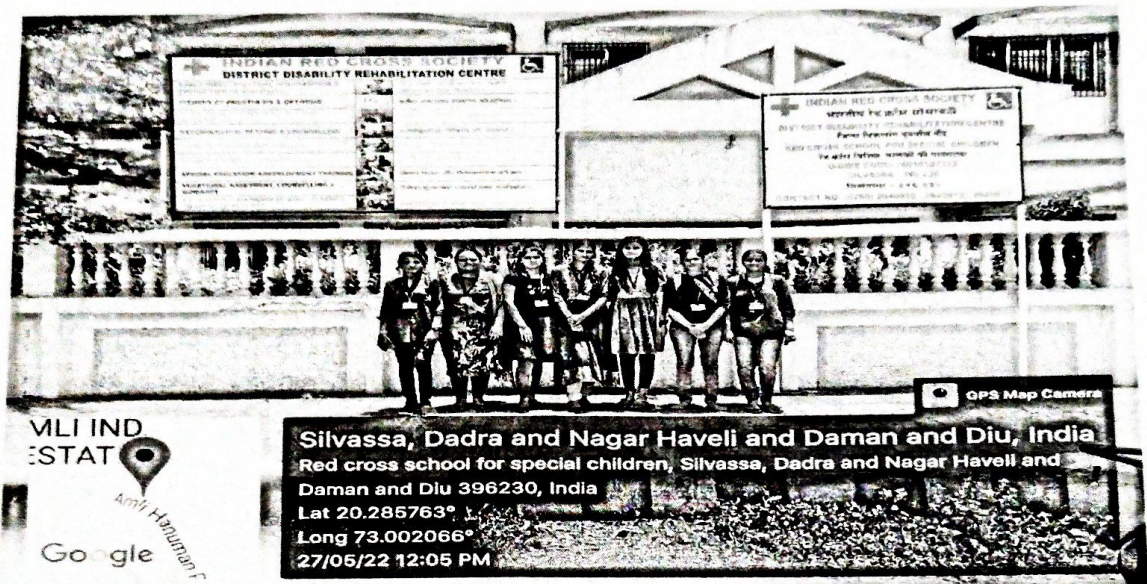
The Department of Psychology organized a visit to the Red Cross School for Special Children and Red Cross Disability Rehabilitation center located opposite Sachivalya, Silvassa for T.Y.B.A students having Psychology special. Twenty-Nine students having special psychology visited both centers on 27<sup>th</sup> May 2022.



Students interacted with children having various psychological and physical problems like Hearing impairment, Visual impairment, Mental retardation, autism and Down syndrome, etc.



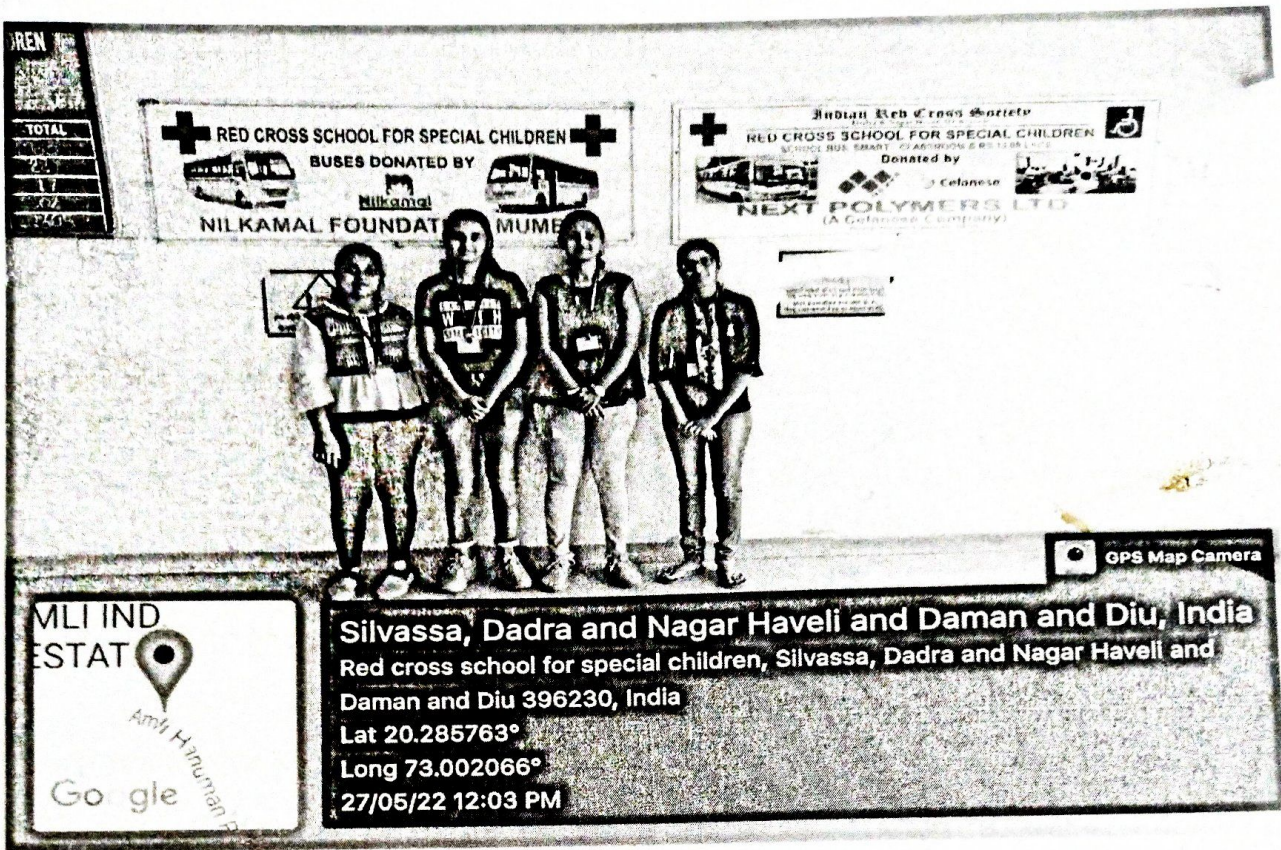
The aim of the visit was to provide practical knowledge to the students about their field and learn the techniques of complete observation and behavioral analysis. Most of the children in the school were intellectually disabled. Beginning with care group, the school has classes up to 10<sup>th</sup> std.



The Red Cross Society has a Rehabilitation center functioning for the welfare and well-being of disabled individuals. Psychological counseling, audio and speech therapy, sensory integration therapy is provided in the center. A clinical psychologist was there who gave brief knowledge about the children and the disorder they are suffering from and also shared details regarding their treatment and various improvements seen in their behavior.

Further, the students were permitted to meet all the students and interacted with them. As per symptoms studied in their special-1 Abnormal Psychology papers the symptoms of disorders and simultaneously their abnormal behavior was noticeable. Students got a good chance to have practical knowledge about the theories they studied during lectures. The students got aware of the practical aspect of the subject of psychology and gained information and knowledge about the working of these centers.





The visit was helpful to the students as they learned about the work of a psychologist and the functioning of mental health centers. The visit enhanced the knowledge of the students and helped them to see a clear picture of the theoretical things they have learned so far. They gained a deeper knowledge of mentally challenged students and gain insight into their subject.

*Sharma*

Dr. Tanu Sharma  
 Head, Department of Psychology



*Rajiv S. P.*

**Principal**  
**S.S.R. College of**  
**Arts, Commerce & Science**  
**Silvassa (D&NH)**

To,  
The Principal  
SSR, ACS  
Silvassa

Date: 21/05/22

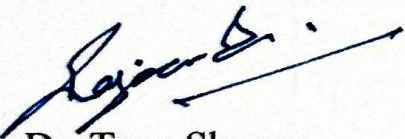
Subject: Permission for a visit to Red Cross School and Red Cross Disability Rehabilitation center for TYBA Special Psychology Students.

Respected Sir,

T.Y.B.A students of Psychology special have Study tour as part of their special 4 paper syllabus. For this, we want to visit the Red Cross School for Special Children and Red Cross Disability Rehabilitation center located opposite to Sachivalya, Silvassa. There are 29 students in TYBA Psychology Batch. We wish to visit the center on Friday (27/05/22)

I request you to give permission for the visit.

Thanking You



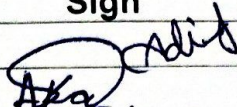
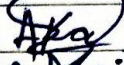

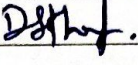
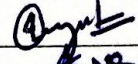
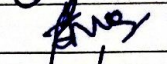
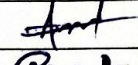
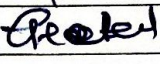


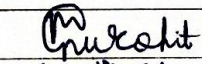
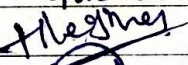
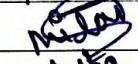


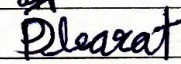
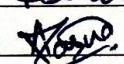

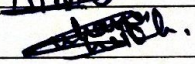
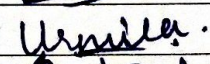
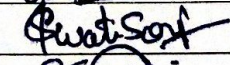
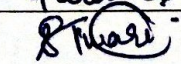
Dr. Tanu Sharma

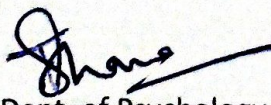
Head, Department of Psychology



**SSR College of Arts, Commerce and Science  
Department of Psychology**

**Visit to Red Cross School and District Disability Rehabilitation center  
TYBA-Attendance (27/05/2022)**

S.No	Name of the Student	Sign
1	Adil Saiyed	
2	Akash Khandare	
3	Badal Singh	
4	Barbosa Neil	
5	Darshana Thorat	
6	Dey Devlina	
7	Divyank Surum	
8	Farheen Tawa	
9	Harsh Azad	
10	Hetal Agravat	
11	Joshi Kinjal	
12	Komal Dubey	
13	Lulua Bhanpurawala	
14	Mahto Sarika	
15	Manethodi Ardra	
16	Mansi Purohit	
17	Meghna Vadvekar	
18	Milan yadav	
19	Nehlata Jha	
20	Pankaj Sharma	
21	Panthani Prajapati	
22	Prashant Barat	
23	Rao Aparna	
24	Ravi Gurav	
25	Rinky Sonkar	
26	Suhana Sheikh	
27	Swami Urmila	
28	Swati Soni	
29	Sweety Tinsari	

  
Head, Dept. of Psychology

**SSR Memorial Trust's  
SSR College of Arts, Commerce and Science  
Sayli Road, Silvassa – 396230 (UT of D&NH)**

**Department of Psychology & Guidance and Counseling Cell**

**Report- Anti-Alcoholism Campaign- Street Play (31-12-2022)**

**Date:** 01/01/2023

**Program:** Street Play

**Occasion:** Anti-Alcoholism Campaign

**Organized by:** Department of Psychology & Guidance and Counseling Cell and Empower Foundation, Silvassa

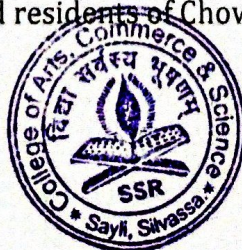
**Venue:** Chowki Pada, Sayli Panchayat

Department of Psychology & Guidance and Counseling Cell of SSR College of Arts, Commerce and Science in collaboration with an NGO Empower Foundation organized an awareness Program on **Alcohol Use Disorder (AUD)**. SYBA students presented a "Street Play" at Chowki Pada, Sayli Panchayat at 11:30 a.m. on 31/12/22. The purpose of this street play was to create awareness about the adverse effect of alcoholism on physical and mental health and well-being. It also reflects on the social effects as aggression against others, child abuse and spouse abuse and day to day dysfunctioning. The street play showed addiction influence and treatment importance through medium of family and young generation daily life.

**Department of Psychology and Empower Foundation Presenting Street Play in Chowki Pada**



18 students from Department of Psychology participated in this street play. Students perform the play in presence of Project Manager of Empower Foundation Mr. Nanduri Rajgopal Rao, Faculty Head of Arts Dr. Tanu Sharma, Assistant Professor of SSR College Arts, Commerce and Science Dr. Stuti Bhrigu, Ms. Sunanda Kangane, Mr. Premraj Parate and residents of Chowki Pada, Sayli Panchayat.

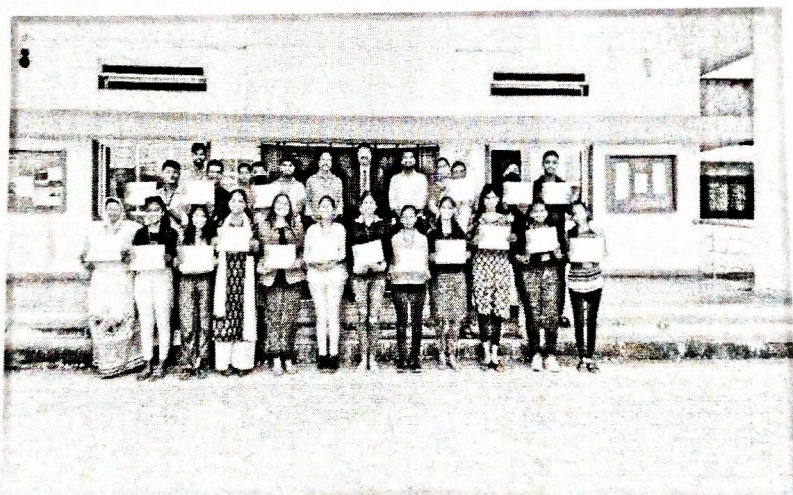


### Moments from Street Play



The program was coordinated by Mr. Premraj Parate, Assistant Professor, Department of Psychology and Volunteer Team of Empower Foundation. Principal Dr. Rajeev Singh congratulated all students and praises their efforts for the program and motivated them for organizing more programs. The participants were given certificate for the same.

Principal Dr. Rajeev Singh congratulated students of Department of Psychology



Around 150 residents from chowkipada, benefited from the Street play, by gaining awareness about harmful effects and treatment for alcoholism.

Head, Department of Psychology



Principal  
Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)

**SSR Memorial Trust's  
SSR College of Arts, Commerce and Science, Silvassa**

**Department of Psychology & Guidance and Counseling Cell**

**Letter for Permission**

Date: 02/01/2023

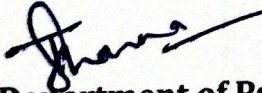
To,  
The Principal,  
SSR College of ACS,  
Silvassa - 396230

**Subject: Permission to present "Awareness Street Play" at Chowki pada, Sayli Panchayat**

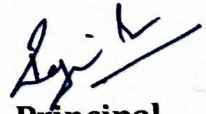
Respected Sir,

Department of Psychology & Guidance and Counseling Cell of SSR College of Arts, Commerce and Science in collaboration with an NGO Empower Foundation aspire to organize an awareness Programme on Alcohol use disorder (AUD). SYBA students will be presenting a "Street Play" at Chowki Pada, Sayli Panchayat at 11:30 a.m. on 31/12/22. The Purpose of this street play is to spread awareness about the adverse effect of alcoholism on physical and mental health and well-being. We request you to grant us permission to present the street play. Purpose of this street play is to spread awareness.

Thanking You.



Head, Department of Psychology



Principal  
Principal

S.S.R. College of  
Arts, Commerce & Science,  
Silvassa (D&NH)





SSR Memorial Trust's  
**SSR COLLEGE OF ARTS, COMMERCE AND SCIENCE**  
Sayli Road, Silvassa UT of D&NH and D&D - 396230  
Affiliated to Savitribai Phule Pune University  
Accredited by NAAC with Grade B+



Ref. No.:

Date: 22/06/2022

## INTERNATIONAL YOGA DAY

June 21, 2022

### Report

- Date of Programme** : June 21, 2022
- Organizers** : Department of Physical Education & Sports,  
IQAC Cell, Startup Innovation Cell &  
Institution's Innovation Council, SSR College of  
Arts, Commerce and Science, Silvassa, Dadra  
and Nagar Haveli
- Organizing team** : (a) Mr. Rushikesh Waghchaure (Convener)  
(b) Mr. Nilesh Bawiskar (Co-ordinator)  
(c) Ms. Minal Jhala (Member)  
(d) Ms. Sonali Kharde (Member)
- Number of Application** : 35 (Annexure1)  
**received**
- Venue** : Auditorium, SSR College, Silvassa
- Yoga Expert** : (1) Mr. Vinodkumar Patel  
Certified Yoga Trainer  
Mahila Yog Samiti, Gujarat  
(2) Ms. Nirma Devi  
Certified Yoga Trainer  
Mahila Yog Samiti, Gujarat



## 8. Details of the programme:

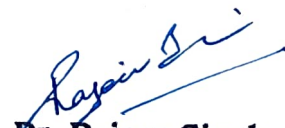
International Yoga Day 2022 was celebrated at SSR College of Arts, Commerce and Science, Silvassa with the theme 'Yoga for Humanity'. The programme was attended by 35 students and 15 teaching staff. In this year, the number of participants was low due to commencement of university examination.

The inauguration session were started at 8.30am as per the schedule (Annexure 2). The programme was chaired by the Dr. Rajeev Singh (Principal). Dr. Rajeev Singh welcomes all the trainers with a bouquet of flowers. In the inaugural speech, Dr. Rajeev Singh congratulated the Department of Physical Education and Sports for conducting the International Day of Yoga although fewer students are available due to commencement of University examination. He exhorted the participants to adopt yoga in their daily life as a means for promoting positive physical, mental, emotional and spiritual health. The introduction of yoga experts were given by the Mr. Nilesh Bawiskar.

The experts started the yoga session with Omkar & Stotra. Followed to Stotra, warm up exercises and Surya Namskars were performed. Various types of asanas (including Utrasana, Matsyasana, Dhanurasana etc) and Pranayamas were performed during the yoga session. The expert also demonstrated various advanced Yoga Asanas (including Adho Mukha Vrksasana, Dhanurasana, Hanumanasana etc) according to yoga protocol for the awareness purpose. Mr. Rushikesh Waghchaure (Director, Physical Education & Sports) presented a vote of thanks and the program ended with the National Anthem.

  
**Mr. Rushikesh Waghchaure**  
Convener

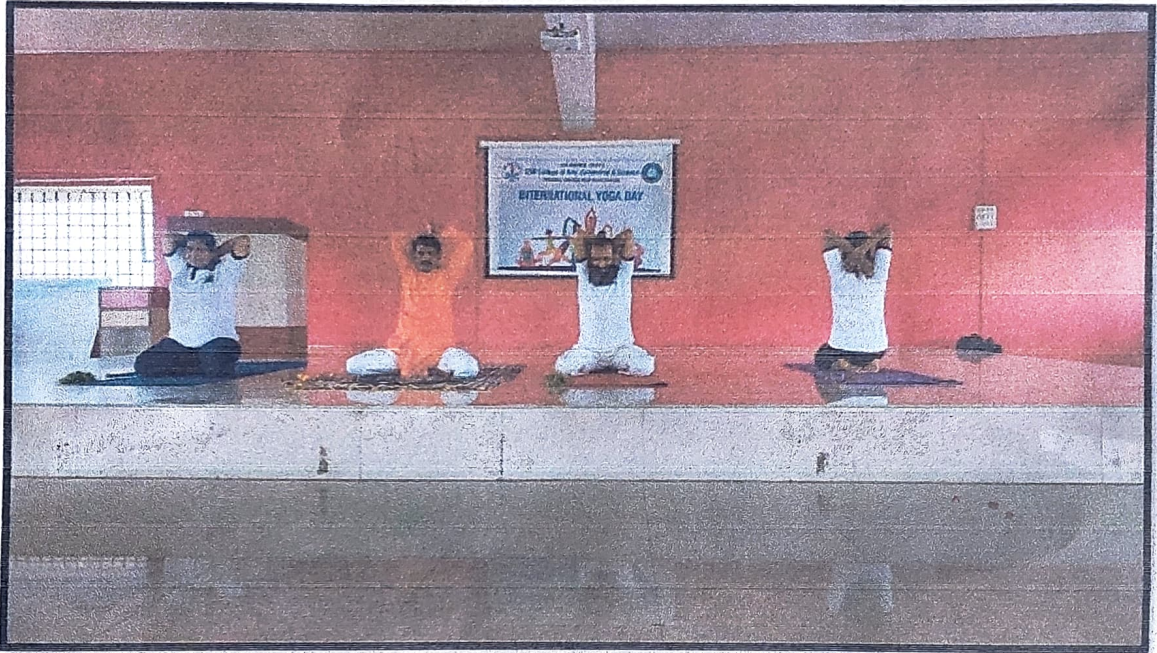
  
**Dr. Atul Babar**  
IIC Coordinator

  
**Dr. Rajeev Singh**  
Principal

Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)



**9. Photograph:**









SSR MEMORIAL TRUSTS  
SSR COLLEGE OF ARTS, COMMERCE & SCIENCE  
(Affiliated to Savitribai Phule Pune University)  
Sayli Road, Silvassa, UT of DNH & DD  
NAAC Accredited 'B+' Grade



## DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

Date: 15/06/2022

### INTERNATIONAL YOGA DAY 2022-23

#### NOTICE

This is to inform all Students that our college is organising a Yoga Session on the occasion of International Yoga Day 2022-23. All students are instructed to attend the same. The details of the session are as follows


**Date:** 21-06-2022 (Tuesday)

**Time:** 8:00 AM

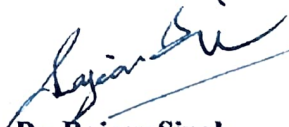
**Venue:** Prerna Auditorium, Top Floor, SSR College of Arts, Commerce & Science, Sayli, Silvassa, UT DNH DD.

**Note:**

1. Students should bring their own Yoga Mat or Chatai.
2. Students should wear comfortable clothes to perform various Yoga Asanas.
3. I Card is compulsory to attend the session.
4. Present on time.

  
**Mr. Rushikesh Waghchoure**  
Dir., Physical Education & Sports



  
**Dr. Rajeev Singh**  
Principal  
Principal  
S.S.R. College of  
Arts, Commerce & Science  
Silvassa (D&NH)

Attendance  
8th International Yoga Day Celebration, 21/6/22

Full Name (As per 12th marksheet)	Contact	Class	Signature
Jijo Wilson	8140452216	TYBCA	<u>Jijo</u>
Vivek Nair	7046545330	TYBCA	<u>Vivek</u>
Sahil Tembhare	9081791958	TYBCA	<u>Sahil</u>
Pratap Vikash	7600933783	SVBCA	<u>Pratap</u>
Singh Anuradha	8469875539	F.Y. BSC	<u>Anuradha</u>
DEVANSHU - PATEL	8849511366	SYBCA	<u>Devanshu</u>
Deevanshi Bhatt	9125265923	SVBCA	<u>Deevanshi</u>
ANJALI YADAV	7874025638	SYBSC	<u>Anjali</u>
Waqas Khan	9725599854	TYBCA	<u>Waqas</u>
Chanchal Tewari	8469031157	FYBSC	<u>Chanchal</u>
Pal Dhakumar	8401925875	TYBCA	<u>Pal</u>
Deepak Singh	9054202877	TYBCA	<u>Deepak</u>
Pooheep Sahra	9328288710	TYBCA	<u>Pooheep</u>
Harion Thawari	9662092730	TYBCA	<u>Harion</u>
Titiksha Kawale	6351794620	TYBCA	<u>Titiksha</u>
ZUZAR VOHRA	9106064290	TYBCA	<u>Zuzar</u>
Himanshu Upadhyay	9904212739	TYBCA	<u>Himanshu</u>
Karim Khan	9016532963	TYBCA	<u>Karim</u>
Saurabh Khandekar	8140215975	TYBCA	<u>Saurabh</u>
Sonawane Lalita	9360458057	TYBCA	<u>Sonawane</u>
Yadav Ranjana Vijay	7778999728	TYBSC	<u>Ranjana</u>
Shaikh Intekhab	9316050097	T.Y.BCA	<u>Shaikh</u>
Gayatri Pareek	7990262750	T.Y.BCA	<u>Gayatri</u>
Jayruti Suryawanshi	8805709404	TYBCA	<u>Jayruti</u>
Pushper Tadav	635530858	TYBSC	<u>Pushper</u>
Kawar Tina Govindsingh	7801996619	TYBSC	<u>Tina</u>
Nikki Rai	8140278133	TYBSC	<u>Nikki</u>
Pooanv Mishra	9512966651	SVBCA	<u>Pooanv</u>
Anvish Pandey	9724842068	SVBCA	<u>Anvish</u>
Kshibij Desai	9499528877	FYCS	<u>Kshibij</u>
Sunny Yadav	7863096254	F.Y.BCA	<u>Sunny</u>
Sammran Shukla	9512438441	TYBCA	<u>Sammran</u>
Mourya Akash	9737611216	T.Y.BCA	<u>Mourya</u>
Jaiswar Vivek	9904043557	TYBCA	<u>Jaiswar</u>

