

Best Practices

I. Students' Counseling

1. Title of the Practice:

Guidance for Excellence

2. Objectives of the practice:

- To help students shed their inhibitions and understand their responsibility towards society.

3. The Context:

Developing an effective mechanism to address the mental issues among students.

5. Evidence of success:

A second-year student undergoing some personal trauma was successfully counseled.

6. Problems Encountered & Resources Required:

Lack of proper mechanism at college level to identify the students in need.

II. Health and Hygiene Awareness

1. Title of the Practice:

Guidance for a person's physical, emotional and psychological well-being.

2. Objectives of the practice:

- To raise health-consciousness among the staff and the students.
- To spread awareness in society about the need of hygiene.

3. The Context:

Organizing events to help students become instrumental in maintaining cleanliness around.

4. The Practice:

- Medical checkups for the first-year students
- counseling sessions for girl students for their good menstrual health.
- State level Marathons, Hemoglobin test for staff and students.

5. Outcome

- Interest of students in physical activities has increased significantly.

6. Problems Encountered & Resources Required:

- Rigorous Counseling for nurturing student's interest is required. This requires tie ups with the medical centres in the vicinity

